BIEBER FREE
LIVE 88·5 FM

DAY 3

HELPING PAW
GO TO METRONEWS.CA/PUPPYRESCUE TO WATCH SADIE THE RESCUE DOG DIG OUT OUR REPORTER AFTER A SIMULATED AVALANCHE STORY: PAGES 6 & 7

Weather your cold.
HALLS
We'll all feel better.
For the temporary relief of cough.
Always read and follow the label.

OTTAWA metro®
Wednesday, January 30, 2013
News worth sharing.
metronews.ca | twitter.com/metroottawa | facebook.com/metroottawa

MYTH MAKERS

National Arts Centre spokesman Sean Fitzpatrick is flanked by Samantha Wright, left, and Laura Daley as they strike a silly beachwear pose in front of a poster for Tony Award-winning play Metamorphoses, which will be staged inside the NAC in a special set with a real swimming pool. The play, exploring classical myths, is on until Feb. 16. SEAN MCKIBBON/METRO

Wheelchairs don't beat strollers

OC Transpo. We have to wait sometimes for priority seats, says accessibility advocate

JOE LOFARO
joe.lofaro@metronews.ca

First come, first served — that, and common sense, should decide who gets priority seating on a crowded bus, says a member of the accessibility advisory committee.

Catherine Gardner, who uses a walker and a service dog to get around, said in instances where someone with a wheelchair cannot be accommodated on a bus, the driver should call in a bus that is on standby to provide assistance.

But that apparently wasn't the case last Friday night when Bradley Bulger, 19, and his two-year-old brother Ethan boarded the 14 near Little Italy.

Bulger said four stops into the bus ride with Ethan in a stroller at the front, the driver told him to get off to let a passenger who used a wheelchair board the bus.

Bulger claims there was already enough room for the man to board with his wheelchair.

Gardner said she has been left behind in her wheelchair before when there have been too many strollers on board already.

"They got there first," said Gardner. "It's a chance anybody takes when they take the bus."

In a written statement to Metro, Tuesday, Troy Charter, manager of transit operations, said it is standard operating procedure to ask a passenger to leave a bus temporarily to allow a customer using a mobility device to access the mobility seating area.

"The customer would then re-board the bus," wrote Charter. "This incident remains under investigation by OC Transpo. All findings will be incorporated into our ongoing review to ensure customer service is improved where necessary."

Bulger said that operating procedure was not followed on Friday and he was forced to wait 20 minutes in –20 C weather with his kid brother.

"What (the driver) did is not what they stated," said Bulger Tuesday. "He said, 'Can you please get off the bus? We have a fair amount of passengers. Get off the bus and wait for the next one, but I'll let this wheelchair on board.'"

RBC®
RBC Royal Bank®
Advisors available at your convenience.
By phone. In branch. At a coffee shop.
Call 1-800-769-2511 to talk about your goals and how to get there.
Advice you can bank on™
® Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ™ Trademarks of Royal Bank of Canada.

porter
flying refined

Save up to 50% off air-only base fares – a better way to beat winter than too many layers.

Thanks to our amazing seat sale – featuring up to 50% off air-only base fares – skip the lots of layers and get out of town instead. Add a dash of Porter cheer to your life without breaking the bank. Book by Friday, February 1, 2013.

Flights from Ottawa: Book by February 1, 2013. Travel by June 26, 2013. Advance purchase of up to 14 days is required. One-way fares include all taxes, surcharges and mandatory fees.* Fares starting from:

HALIFAX	MONCTON	ST. JOHN'S	TORONTO	QUÉBEC CITY	SAULT STE. MARIE	SUDBURY	THUNDER BAY	TIMMINS
5 x daily	Daily	4 x daily	18 x daily					
$161	$154	$191	$101	$150	$157	$157	$157	$157
Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees

WINDSOR	BOSTON	CHICAGO	MYRTLE BEACH	NEW YORK	VERMONT	WASHINGTON
			Service begins Feb. 14			Dulles
$157	$177	$192	$325	$176	$183	$176
Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees	Includes all taxes/fees

Book online or contact your travel agent.

flyporter.com

porter Escapes

Vacation packages from Ottawa. Package prices are per person, based on double ocupancy and include round-trip airfare, all taxes, surcharges and mandatory fees.**

★★★ **TORONTO**
$307 **Holiday Inn Yorkville**
Guest Room
March 21 ; 2 nights
Package includes, round-trip airfare, hotel accommodation, all taxes, fees and surcharges.

★★★★ **TORONTO**
$403 **Westin Harbour Castle**
Traditional Room
March 11 & 12 ; 2 nights
Package includes, round-trip airfare, hotel accommodation, all taxes, fees and surcharges.

★★★★ **VERMONT**
$704 **Trapp Family Lodge**
Run of House
March 15 ; 3 nights
Package includes, round-trip airfare to Burlington VT, hotel accommodation, all taxes, fees and surcharges.

★★★★ **WASHINGTON, DC**
$635 **Fairmont Washington DC**
Fairmont Room
March 13 ; 2 nights
Package includes, round-trip airfare to Washington Dulles, hotel accommodation, all taxes, fees and surcharges.

Book online or call 1-855-372-1100. TTY – Dial "711".

porterescapes.com

* Book by 11:59 pm Eastern Time February 1, 2013. Travel by June 26, 2013. Up to 14-day advance purchase may be required. Advertised fares are subject to availability and may not be available through the entire travel period. Discount applies only to the regular base fare and does not apply to fees, taxes or surcharges. Full fare breakdown available for all itineraries on flyporter.com. Fares quoted are one-way outbound in Firm Class. Inbound fares may differ. New bookings only. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as $150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to $200 per person per direction, plus any fare differential. Other significant conditions (including a $20 second-checked bag fee and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Contact your travel agent or Porter Airlines for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

** All-in prices shown are per person in Canadian dollars, based on double occupancy in noted room category. Flights are round-trip via Porter Airlines from Billy Bishop Toronto City Centre Airport. Packages include return airfare, all taxes, surcharges and mandatory fees. Applicable taxes and fees are included in rates. Transfers to and from airport to hotel are not included unless specified otherwise. New bookings only. Packages are subject to availability at time of booking and are subject to change without notice. Not valid on group bookings. For full terms and conditions refer to www.porterescapes.com. Ontario registration Number 84153 4506. Porter Escapes Inc is a TICO licensed company. Billy Bishop Toronto City Airport, Toronto, ON, Canada M5V 1A1.

tico.ca
Travel Industry Council of Ontario

Too tall to ride: Developers, city clash over height rules

The city is reviewing the principles governing how neighbourhoods develop, including whether height restrictions should apply across the board, possibly impinging on developments such as this one proposed by Claridge Homes for Preston Street. CONTRIBUTED

Planning review. City says restrictions aim to reduce red tape, costs

Some developers are bristling at a proposal to put building-height restrictions into community-design plans.

The proposal aims to clarify matters for builders and avoid rezoning applications and costly fights at the Ontario Municipal Board, said Alta Vista Coun. Peter Hume Tuesday at a press conference to launch the city's yearlong official plan review.

"They're going to know where tall buildings are going to be able to go. All they'll have to do is apply for a building permit and a site plan," said Hume.

But some developers are concerned blanket height restrictions will limit their flexibility to provide things like pocket parks and pedestrian walkthroughs.

"I think using height limits as the No. 1 mechanism for certainty is a mistake," said Tamarack Homes' Michelle Taggart. "What you're going to get is a bunch of short, fat buildings."

She said she appreciated the aim of the proposal was to provide certainty, but said there needs to be flexibility built into the city's planning framework.

Review process

Information on how citizens can contribute to the review process can be found at ottawa.ca. Committee will consider draft amendments in June.

Hume responded that the municipality is already providing flexibility — and still sees "big buildings covering the lots going 40 storeys."

"What's been provided in that has been conflict, massive conflict," Hume said. "If there's a better way to avoid that conflict, the development industry hasn't come forward and said 'this is a better way.' The mantra has been 'just give us the flexibility, it'll all be great.' Well you know what? That conflict tears apart our city."

Height restrictions and intensification are one of 12 "planning issues" the city hopes to tackle in an extensive review of its most important planning documents.

The review is slated to go all year, and the city is soliciting opinions from the community and developers on how the official plan should look. The review began in earnest Tuesday night with a large public meeting. ALEX BOUTILIER/METRO

Teachers will talk when Broten walks: Union

If newly minted Premier Kathleen Wynne wants to repair labour relations, she should toss Education Minister Laurel Broten from cabinet, teachers' unions said Tuesday.

"I don't know how we would talk with them if that woman is still in that position," said Peter Giuliani, president of the Ottawa-Carleton Elementary Teachers' Federation. "You can't lead people after what she has done."

Giuliani added that if Wynne wants to strike a deal with teachers, she should be "prepared to admit that the way the government has behaved is unfair and that something needs to be done to fix it."

At the root of the tug-of-war is recently repealed Bill 115, which sidestepped collective bargaining to impose a contract on teachers Jan. 3.

Wynne said on Monday that she would not repeal the contract imposed on teachers. In an interview with CBC Radio's Metro Morning, Tuesday, she added that she intends to speak with unions and be a "willing partner in getting us back on track."

Wynne could meet with teachers' union leaders as early as Tuesday afternoon, said Harvey Bischof, vice-president of the Ontario Secondary School Teachers' Federation. "It would be overly optimistic to say that anything concrete will come out of that. But this is an effort to establish contact and see what opportunities there are for further discussion."

GRAHAM LANKTREE/METRO

Ontario Education Minister Laurel Broten FRANK GUNN/THE CANADIAN PRESS

Love to Decorate?
Want to own your own business?
Decorating Den Interiors is expanding in Ottawa. We want you to be part of this exciting opportunity. Home based, or commercial office based, your choice.
Passion for decorating is all you need, we teach you the rest!
Contact us today!
Decorating Den INTERIORS
1-800-263-0242
www.decoratingden.com

Ottawa Game Summit co-founders Marquis Côté and Amy Boyce show off a Settlers of Catan game at The Comic Book Shoppe on Bank Street. GRAHAM LANKTREE/METRO

You won't be bored at Game Summit

Play all you want. Visitors can browse and play catalogue of 600 games, more than 100 volunteers on hand to teach you how to play

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Forget video games. Ottawa's Game Summit expects more than 2,000 dice rollers whipped into a frenzy by rounds of speed board gaming, a giant-sized edition of Connect Four and the balance-block game Jenga this weekend.

"It's very social. It's a good way to meet people," said Marquis Côté, founder of the Game Summit and self-appointed Chief Game Ambassador, who fell in love with tabletop games when his brother bought the popular game Settlers of Catan in 2004.

"We've met some of our friends through board games," said Amy Boyce, Côté's wife and co-founder of the Feb. 2 to 3 event. "You sit at a table and you might not know the other people, but it gives you something to talk about."

Popular TV shows such as Big Bang Theory, Community and 30 Rock have raised the profile of board games in recent years with gaming-themed plots, said Côté, adding that board-game cafés have also sprung up and that the summit plans to double attendance over last year.

Cost of tickets

- Tickets for the weekend cost from $22 for adults, $16 for children, and come with tokens that allow gamers to take part in some of the 30 tournaments set to run throughout the weekend. "We've got a multi-board game tournament, called the Great Canadian Board Game Blitz, where players play four different games," said founder of the Game Summit Marquis Côté.

"A lot of the newest games that we got we gave to our volunteers so that they could learn," said Boyce citing Pandemic, Ticket to Ride and King of Tokyo as some recent creations worth checking out. "There are key volunteers assigned to the games library that know a lot of the games."

A tournament prize is also up for grabs for the top player of Settlers of Catan, a Monopoly-style game where players barter resources to build the largest settlement. The winner will get an all-expenses-paid trip to the mother of all Settlers of Catan tournaments at Gen Con in Indianapolis, Ind.

"When you're playing a video game, you can get so zoned out that you don't even realize if your dinner has been placed in front of you," said Rob Spittall, co-owner of The Comic Book Shoppe and a sponsor of the summit.

"When you get a board game, everyone is chatting at the same time and there's a lot more in the way of interaction," he said. "You can make new friends, or new enemies, as the case may be."

RBC Direct Investing

You booked your last 5 vacations online.

Online investing could be your next destination.

RBC Direct Investing™
It's like online shopping for investments.

rbc.com/trade

#1 in client service five years in a row.[1]

RBC Direct Investing Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. RBC Direct Investing Inc. does not provide investment advice or recommendations regarding the purchase or sale of any securities. Investors are responsible for their own investment decisions. RBC Direct Investing is a business name used by RBC Direct Investing Inc. * Member – Canadian Investor Protection Fund. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. Used under licence. © Royal Bank of Canada 2013. All rights reserved. [1] RBC Direct Investing was ranked number one by Dalbar Inc. in 2007, 2008, 2009, 2010 and 2011. The annual Dalbar Direct Brokerage Service Award rankings are based on evaluations made over the calendar year, measuring a company's quality of performance in product knowledge, professionalism and their ability to provide value-added service.

Cycling event to be used as fundraiser for hospital

A new cycling event this summer will help to set the wheels in motion for the Queensway Carleton Hospital's newest fundraising campaign.

The hospital will partner with the Share the Road Cycling Coalition and GranFondo Canada to start a biking event called Wheels for Wellness, Melanie Adams, president of the hospital's foundation, announced Tuesday.

The inaugural fundraiser will happen June 15.

Adams said the ride will cover between 50 and 100 kilometres of terrain in the west end of the city. Rookie riders can participate in the 0-50 challenge, which offers nutritional and training support through the hospital.

Dean Hachey of GranFondo Canada, which offers cycling events in world-renowned locations like Banff National Park, said he was happy to bring cycling events to Ontario.

The cycling coalition will be offering support and bicycling safety tips during a family event on June 14 that will complement the ride.

The hospital's new fundraising campaign launches mid-February with a goal of $40 million over five years to raise money to outfit the recent expansion. Adams said the Wheels for Wellness ride is poised to become an annual fundraiser for the hospital.

Dean Hachey, director of business development for GranFondo Canada, announces plans for a fundraising event called Wheels for Wellness at the Queensway Carleton Hospital on Tuesday. JENNIFER MCINTOSH/METROLAND

METROLAND NEWS SERVICE

Scores of dead bodies dumped in Syrian city

Nationwide violence. Various sources put the number killed on Tuesday at around 160

The bodies of at least 65 people were found in Syria's northern city of Aleppo Tuesday as the government and rebels blamed each other for the mass killing.

The bodies, almost all men in their 20s and 30s, were discovered in the contested neighbourhood of Bustan al-Qasr, according to Rami Abdul-Rahman, director of the Britain-based Syrian Observatory for Human Rights. Intense clashes between rebels and government troops have raged in the district since opposition forces launched an offensive on Aleppo in July.

Abdul-Rahman said the identities of the dead were unknown and it was not clear who was behind the killings. A government official told The Associated Press that the dead were residents of Bustan al-Qasr.

Syrian state TV said the men were killed by members of Jabhat al-Nusra, an al-Qaida-linked group. It said the men were killed after they demanded members of the group to leave their areas.

An activist group, the Local Co-ordination Committees, put the number of bodies at 80. It blamed government forces for the killing.

The same day, a bomb wounded Abdul-Razzak Qtini, once governor of the province of Hama, as he was in his car, said Abdul-Rahman and a neighbour of Qtini.

Earlier Tuesday, rebels stormed a government intelligence complex in the east, freeing at least 11 people held in a prison there, activists said.

Regime warplanes also carried several airstrikes on rebel positions in restive towns and villages around Damascus, the Observatory said. **THE ASSOCIATED PRESS**

Protesters demand blood for blood in India

Protesters gathered near India's Parliament on Tuesday demanding the death penalty for six men accused in the fatal gang rape of a young woman on a bus in New Delhi last month. The protesters carried placards saying, "Give us Justice, Hang the Rapists," and shouted slogans before conducting a mock hanging of the men who are facing trial in a special court in New Delhi. Meanwhile, India's Supreme Court on Tuesday rejected a petition to move the trial out of New Delhi. The petition argued that the men would not get a fair trial because of the charged atmosphere in the capital. ALTAF QADRI/THE ASSOCIATED PRESS

Brazil

Police link cheap flares to blaze

Penny-pinching by a band known for its pyrotechnic displays may have cost more than 230 people their lives at a nightclub in southern Brazil, according to a police inspector leading the investigation into this weekend's blaze.

Inspector Marcelo Arigony told reporters at a news conference Tuesday that the outdoor flares cost a mere $1.25 a piece, compared to the $35 price tag for an indoor flare. **THE ASSOCIATED PRESS**

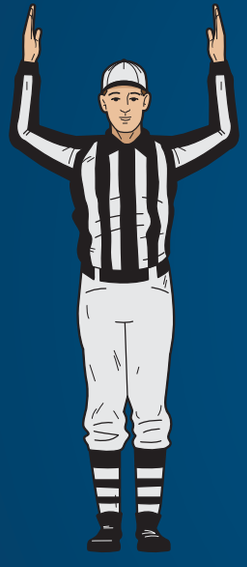
Egypt

Army chief fears fall into anarchy

The head of Egypt's military has warned the nation may collapse under the weight of its turmoil.

However, Gen. Abdel-Fattah el-Sissi signalled he would not move to put down protesters, saying troops are in a "grave predicament," forced to balance "avoiding confrontation" with citizens and protecting state institutions. **THE ASSOCIATED PRESS**

IT'S GOOD!



COORS LIGHT
6X473mL
NOW $11.95
SAVE $0.65

MILL ST. ORGANIC
473mL
NOW $2.70
SAVE $0.15

BUD LIGHT
6X473mL
NOW $11.95
SAVE $0.65

BITBURGER
500mL
NOW $1.95
SAVE $0.40

WARSTEINER
500mL
NOW $2.45
SAVE $0.15

GREAT GAME DAY DEALS AT THE LCBO
Please enjoy responsibly.
Featured products available at select LCBO stores. Price offers in effect until February 3, 2013. Prices subject to change without notice.

DISCOVER LCBO THE WORLD

Man's best friend to

Release the hounds.
Metro reporter discovers first-hand what it's like to be buried under snow

MATT KIELTYKA
Metro in Vancouver

The Canadian Avalanche Rescue Dog Association's Sadie pokes her head through the snow during a rescue simulation in Revelstoke, B.C., on Jan. 8. MATT KIELTYKA/METRO IN VANCOUVER

DAY 3
THE RESCUERS

Tomorrow: Staying Alive
Metro takes you to school on how to survive in treacherous terrain.

The only sound I hear is that of my own body breathing in and out.

It's been that way since I climbed into a snug hole carved into the side of Revelstoke Mountain Resort in B.C., and flashed a "thumbs-up" sign to ski patrol.

As I lay there in the fetal position, the patroller covered my one escape with large slabs of snow and ice.

"Are you OK? I'm going to fill in the cracks with snow now," he says.

The outside world is silent for the next 15 minutes, although everyone on the surface says they keep trying to communicate with me.

I can't tell.

Today, I've been put in the role of an avalanche victim.

• • •

Al Roberts and his faithful companion, Sadie, a seven-year-old Belgian shepherd cross, bide their time in the kennel atop the ski hill when Roberts hears "go ahead" over the static on his radio.

Sadie knows it's time to work.

She leaps out of her cage and barks excitedly as Roberts steps into his ski bindings and starts descending the mountain.

In a few minutes, they'll be at the site of a simulated avalanche where a "victim" is buried underneath a pile of snow.

To the naked eye, it's impossible to tell where I'm buried.

Sadie impatiently paces back and forth as they reach the bottom of the run.

"Are you ready to go to work?" Roberts works Sadie up into a frenzy. "Search!"

• • •

The sound of my breathing is joined by a faint rustle overhead.

Although I'm not in real danger, my spirit soars on a gust of optimism as rustling turns to scratching and scratching turns to the distinct sounds of paws digging through snow and hurried panting.

Bits of snow come free and sprinkle down on me as the sounds get louder.

Suddenly an entire block comes down and I see Sadie's wet nose poke through the opening.

She barks, grabs the old, raggedy sweater I'm holding in my left hand and starts tugging at it, helping me as I claw my way out of the cold prison with my free arm.

Roberts, his boots crunching on fresh powder as he races toward us, keeps Sadie motivated.

"What did you find? There's a good girl, good girl."

• • •

It was a minute and 30 seconds from the time Roberts shouted "Search!" to the moment Sadie homed in on my scent and started digging for me.

Sadie and her owner, Al Roberts, have been CARDA-validated for five years, and in that time they've honed their rescue skills. MATT KIELTYKA/METRO IN VANCOUVER

Roberts explains that, when responding to an avalanche, he and Sadie, like all members of the Canadian Avalanche Rescue Dog Association (CARDA), are able to cover six times more ground than a team of human searchers — in a fraction of the time.

The effectiveness of rescue dogs can't be overstated.

"When you're buried, every second counts," is the tagline used on CARDA's website.

Once on scene, Roberts's job is to see which direction the wind is coming from and send Sadie into it.

"The scent of the person comes out of the snow just like smoke would out of a hole. It takes the path of least resistance, out of the snow and into the wind," he explains.

"Once the dog gets into the scent cone, they can pinpoint where it's coming from. You can see their head just snap back and you can tell there's something there. They become more intent on finding where the scent is coming from, and as soon as they find it in the ground they just dive right in."

And anyone buried underneath is usually glad they do.

Avalanche-control forecaster Troy Leahy and his rescue dog, Penny, are two of the most

Exclusively online

"She's a total lifesaver and obviously a pro": Go to metronews.ca/rescuepuppy for the video of our reporter being dug out of the snow by Sadie the Revelstoke rescue dog.

Sadie
MATT KIELTYKA/METRO IN VANCOUVER

Veteran Revelstoke Search and Rescue volunteers Zuzana Driediger, right, and Buck Corrigan say self-rescue is the norm when avalanches hit in the backcountry. MATT KIELTYKA/METRO IN VANCOUVER

Search-and-rescue volunteers

When a fatal avalanche strikes in the B.C. backcountry, search-and-rescue volunteers are the ones who face the grim task of recovering the bodies.

Situated in what is known as the "powder belt," and boasting the most vertical ski resort in North America, Revelstoke is home to a huge contingent of highly experienced search-and-rescuers.

Buck Corrigan, a veteran manager at Revelstoke Search and Rescue (SAR) who helps co-ordinate a team of about 60, says that, despite the high seasonal risk, avalanche calls aren't that common. Thanks to the proliferation of knowledge and more people than ever carrying avalanche kits, he gets perhaps one or two per season.

"We went to one last year, and it was over before we got there," he says. "The local group had done a self-rescue, and there was one fatality and by the time we got there it was over. They had recovered the fatality.

"In this part of the world, it's just accepted that you don't go out without a certain amount of equipment."

When an avalanche call does come in, it's automatically relayed to the experts, day or night, who then rally at a muster station. The SAR team will include a technician to do a risk assessment, paramedics, avalanche-rescue dogs, and a helicopter and heli-sling technicians.

Zuzana Driediger is a part-time Revelstoke SAR volunteer with 20 years' experience. She says some calls are more stressful than others — such as the Size 3.5 avalanche (on a zero-to-five scale) that killed two men in 2010 while 200 snowmobilers were attending an annual

the rescue

familiar faces for skiers at Revelstoke Mountain Resort in B.C. MATT KIELTYKA/METRO IN VANCOUVER

pros at keeping calm in crisis

Quoted

"You kind of accept it that that's part of the game in the mountains."

Zuzana Driediger, Revelstoke Search and Rescue volunteer, acknowledging the toll that fatalities can take in her line of work

competition at nearby Boulder Mountain.

She recalled that at one point crews had to stop a man from building a bonfire and pouring gas on it, because the smoke was impeding rescue helicopters. She spent three days on the scene with her avalanche-rescue dog, Hero, who used his keen sense of smell to help ensure the site was clear and no one was still buried.

"I personally try to stay calm and collected and just look at the big picture and focus on safety first and what's important," she said of how she copes in a crisis.

"At the time I'm not very emotional. I just focus on the task at hand, but sometimes, yeah, it does affect you later on if there's fatalities involved, but you kind of accept it that that's part of the game in the mountains."

Emergency Management BC reimburses all volunteer search-and-rescue groups for the costs of each rescue, while community organizations help raise money for new equipment.

KATE WEBB/METRO IN VANCOUVER

K9 heroes

MATT KIELTYKA/METRO IN VANCOUVER

The CARDA dogs of Revelstoke

1 Penny

Four-year-old Labrador/ golden retriever cross

Handler: Tory Leahy
Bio: While Leahy, an avalanche-control forecaster at Revelstoke Mountain Resort, is out ensuring the ski hills are safe for the public, Penny usually isn't too far behind.

2 Hero

Five-year-old German shepherd

Handler: Zuzana Driediger
Bio: As part of Revelstoke Search and Rescue, Hero's most notable mission was responding to the aftermath of the 2010 avalanche at Boulder Mountain during a snowmobiling event that involved more than 200 sledders.

3 Sadie

Seven-year-old Belgian shepherd cross

Handler: Al Roberts
Bio: A well-trained dog with a keen nose, Sadie is also a fan favourite on the slopes, especially when surprised skiers watch her jump onto a chair lift on her own.

About CARDA

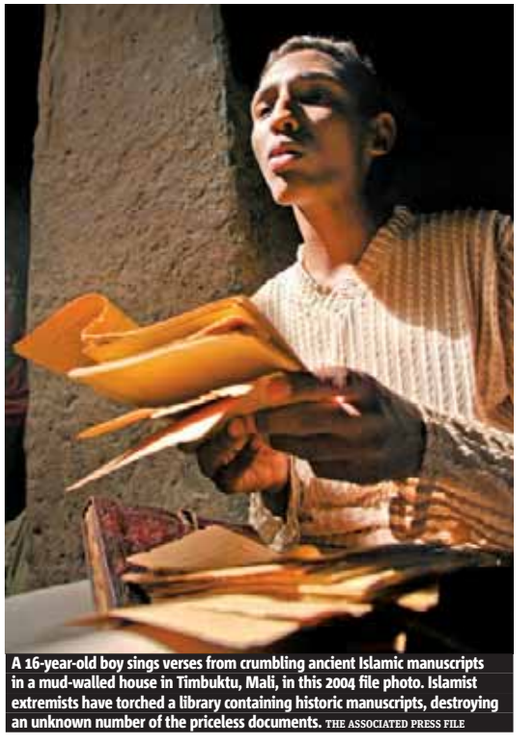
Born out of a loose but long-standing partnership between the RCMP, Parks Canada and the ski industry, the Canadian Avalanche Rescue Dog Association officially formed in 1982 as a non-profit volunteer organization. There are currently 28 validated CARDA teams (each made up of an owner and a dog) active in British Columbia, Alberta and Yukon Territory. Teams must be revalidated each year and must attend a winter training course at least every other year.

MATT KIELTYKA/METRO IN VANCOUVER

EARLY BIRD DEADLINE
ONLY 2 DAYS LEFT!
HEART & STROKE LOTTERY
HOW WOULD YOU SPEND $300,000?
PAY OFF YOUR HOME
OWN A LITTLE CORNER OF PARADISE
DRIVE OFF IN AN EXOTIC CAR
SHOP 'TIL YOU DROP
EARLY BIRD DEADLINE FEB. 1, 2013
1 in 3*
BEST ODDS EVER
TOP GRAND PRIZE
$2 MILLION
IT'S LIKE $100,000 A YEAR FOR 20 YEARS*
10 GRAND PRIZES
CASH, CAR AND TRIP GRAND PRIZES
MILLIONS IN CARS, ELECTRONICS AND MORE!
TICKETS $100 EACH 3 FOR $250
1-888-551-1111 Ext. 700
HEART & STROKE FOUNDATION
ORDER ONLINE www.heartandstroke.ca/lottery
100% OF NET PROCEEDS SUPPORT HEART AND STROKE RESEARCH THAT SAVES LIVES.
BROCHURES AVAILABLE AT:
ST. CLAIR
CRAIG TRAVEL
Scotiabank
‡*★○†▲ Please refer to brochure or website for full rules and regulations. *All inquiries on the odds of winning are to be made to the licensee prior to ticket purchase. ‡Tickets are only valid for the Winter 2012/2013 Heart&Stroke Lottery. Only 250,000 tickets are available. 71,654 prizes valued at $10,910,671 (including all taxes and freight) will be awarded. ★Cash prize of $2 million provided as a lump sum. Early Bonus Deadline is Midnight Jan. 11, 2013; Draw will take place at 9 am Jan. 30, 2013. Early Bird Deadline is Midnight Feb. 1, 2013; Draw will take place at 9 am Feb. 15, 2013. Final Sales Deadline is Midnight Feb. 5, 2013; Final Draws begin 9:30 am Feb. 15 until complete. All draws are conducted under the supervision of Miratel Solutions Inc. at 2501 Steeles Ave. W., Toronto. The 10 Grand Prize Draws will take place at Global TV, 81 Barber Greene Rd., Toronto, at 9 am Feb. 27, 2013. ™Heart&Stroke Lottery and Heart & Stroke Foundation are trademarks of the Heart and Stroke Foundation of Canada. The Heart and Stroke Foundation of Ontario is now known as the Heart and Stroke Foundation of Canada. All proceeds from this lottery will fund Heart and Stroke Foundation research and health promotion to benefit residents of Ontario. © Bank of Canada: bank note images used and altered with permission. Lottery Licence #: 4847

Timbuktu: Where books burned and music was banned

Priceless documents destroyed. Extremists terrorized this city, now in control of Malian and French troops



A 16-year-old boy sings verses from crumbling ancient Islamic manuscripts in a mud-walled house in Timbuktu, Mali, in this 2004 file photo. Islamist extremists have torched a library containing historic manuscripts, destroying an unknown number of the priceless documents. THE ASSOCIATED PRESS FILE

Timbuktu, the fabled desert city where retreating Muslim extremists destroyed ancient manuscripts, was a centre of Islamic learning hundreds of years before Columbus landed in the Americas.

It is not known how many of the priceless documents were destroyed by al-Qaida-linked fighters who set ablaze a state-of-the-art library built with South African funding to conserve the brittle, camel-hide bound manuscripts.

News of the destruction came on Monday from the mayor of Timbuktu.

Tens of thousands more manuscripts — no one knows how many — were kept at other libraries and private homes in Timbuktu. Some are believed to have been hidden from the Islamist fighters, who began their desecration of the city by systematically razing the 15th-century mausoleums of several Sufi saints in July.

Islamist extremists decimated tourism in 2011 when three Europeans were taken hostage, frightening away visitors. In April 2012, Tuareg nationalist rebels seized control of Timbuktu from government troops. A day later Islamist insurgents elbowed their way into the city. They banned music, insisted women cover themselves and began carrying out public executions and amputations.

On Tuesday, Timbuktu was under the control of French and Malian troops, including some 250 French paratroopers dropped from the sky.

The extremists melted into the desert without firing a shot. Townspeople were jubilant at the city's liberation from intolerant Islamist extremists.

THE ASSOCIATED PRESS

French gay marriage

Parliament debating bill

The French government has presented a divisive plan to legalize gay marriage and adoption to Parliament for debate.

President Francois Hollande's "marriage for everyone" pledge has seen hundreds of thousands of supporters and opponents take to the Paris streets in separate demonstrations in the past two weeks.

Concessions have already been made to opponents, with plans to replace "father" and "mother" with "parent 1" and "parent 2" in official documents being ditched for straight couples.

The bill is set to be debated over two weeks.

THE ASSOCIATED PRESS

Hanging on. Queen not likely to abdicate: Experts

Queen Elizabeth, left, is not expected to step aside anytime soon to allow Prince Charles, right, to begin his reign. GETTY IMAGES

The spectacle of Queen Beatrix of the Netherlands stepping down in April at age 75 so her 45-year-old son can become king is sparking some speculation in Britain about whether Queen Elizabeth II might follow suit so her eldest son, Prince Charles, can start his reign.

Not likely, experts say.

Commentators noted that Elizabeth, 86, seems to be in excellent health and has said in the past that she regards being queen as a "job for life." Charles, 64, has been heir to the throne since he was three.

Robert Lacey, who has written several books about the British monarchy, said Beatrix's decision "would reinforce her (Elizabeth's) feeling that the Dutch don't know what monarchy is about," he said. "The crown is a job for life in the British system."

Lacey said the idea of abdicating is particularly unpleasant for Elizabeth because her uncle, King Edward VIII, abdicated in 1936 so he could marry Wallis Simpson.

THE ASSOCIATED PRESS

In New York, RIM set for big reveal

A BlackBerry is born. Wednesday's launch marks start of ad blitz to keep hype alive

A prototype of the new BlackBerry 10 operating system seen last fall. GETTY IMAGES FILE

Online

Visit metronews.ca for live coverage of the BB10 launch.

After several technical blunders, two unexpected delays and one major shakeup in its leadership, BlackBerry maker Research In Motion is about to raise the curtain for its new smartphone devices in hopes that consumers share the excitement.

The unveiling of the phones and operating system on Wednesday marks the start of an advertising blitz that will stretch to social media, the Super Bowl and beyond as RIM tries to regain the cool factor that was once firmly in its grasp.

If all goes according to plan, the event will also mark the end of a troublesome 12 months that has seen RIM try to stay afloat while its future was constantly in question by outsiders, and its stock price tumbled to the lowest level in about a decade.

While the first hurdles to overcome on Wednesday are the opinions of tech analysts and investor reaction, the true measure of success — actual sales of the phones — is still weeks away.

As a crowd of thousands gathers Wednesday at Pier 36, a massive entertainment venue on the shores of Manhattan, chief executive Thorsten Heins will step onto the stage holding the BlackBerry that has been at once considered the company's last hope, but also its biggest hurdle. THE CANADIAN PRESS

Hey! Where'd Beijing go?

A cyclist passes a flag-raising ceremony during severe pollution at Tiananmen Square on Tuesday in Beijing. Thick, off-the-scale smog shrouded eastern China for the second time in about two weeks, forcing airlines to cancel flights because of poor visibility and prompting Beijing to temporarily shut factories and curtail fleets of government cars. The U.S. embassy reported an hourly peak level of PM2.5 — tiny particulate matter that can penetrate deep into the lungs — at 526 micrograms per cubic metre, or "beyond index." Over a 24-hour period, readings were more than 20 times higher than World Health Organization safety levels. FENG LI/GETTY IMAGES

Oscars. Ontario firm is in charge of little gold men

Every year at the Academy Awards, the big question is: Who does the Oscar go to?

This year, there's a new one to trip up trivia buffs: Where does the Oscar come from?

For the first time in its venerable history, Hollywood's most prestigious accolade is being manufactured under the watch of a Canadian company. St. Regis Crystal of Markham, Ont. purchased Oscar's Chicago-based manufacturer R.S. Owens last December and with it, R.S. Owens' 30-year tradition of making the gold-plated statues.

Company decisions now come from southern Ontario, but the Oscars are still being made at the Chicago foundry, says St. Regis vice-president Jeff Firkser. "This particular award is a cast award and it's not going to change," he said. "It's going to always be done there." THE CANADIAN PRESS

Consumer confidence. Canucks look on sunny side

Canadian and U.S. consumers appear to be heading in opposite directions in terms of their confidence in the economy going forward — it's up in Canada and down south of the border.

The Conference Board of Canada's survey on consumer confidence in January shows the index rebounding strongly by 5.1 points to 83.1, the highest level since June 2011 and the first increase in four months. A similar survey by the Conference Board in the United States found confidence among consumers there plummeted this month to 58.6, the lowest level since November 2011.

The results are baffling given that most economists believe the U.S. is on the verge of a relatively strong economic performance in 2013, while the expectations for Canada — while not negative — are more modest. THE CANADIAN PRESS

Roast renaming

Give that blonde a makeover

The days of ordering up a tall blonde at your local Starbucks may be drawing to an end. The company is looking for suggestions to rename its blonde roast, currently called Veranda Blend, through a Canada-wide online contest that runs until Feb. 10. A few of the suggestions so far: Smooth Silky Blonde, Temptress, Steamy and Morning Kiss. On the not-so-racy side of things, there's Yellow Mellow, Winter Flurry, Morning Light and Liquid Gold. TORSTAR NEWS SERVICE

Market Minute

DOLLAR 99.76¢ (+0.41¢)

TSX 12,830.56 (+14.64)

OIL $97.57 US (+$1.13)

GOLD $1,660.80 US (+$7.90)

Natural gas: $3.26 US (-3¢)
Dow Jones: 13,954.42 (+72.49)

ULTIMATE CURRENCY EXCHANGE
Better rates than any Canadian bank
NO commission fee
Fast and convenient
More than 50 Foreign Currencies available
2255 Carling Ave
(Carling & Woodroffe)
613.422.1472
1-888-727-6926
Check our rates online at:
www.uexchange.ca

metro
CANADA'S FIRST NEWS APP IN NEWSSTAND
Now available for iPad, iPhone and iPod touch!

THE OTTAWA WEDDING SHOW
FEBRUARY 16 & 17
Saturday & Sunday 11am to 5pm
ERNST & YOUNG CENTRE 4899 UPLANDS DRIVE
Exhibits - Over 100 of Ottawa's top wedding professionals
Fashion shows - 12:30pm and 3:30pm both days
Boutique Gowns - Hosted by Ottawa's leading bridal shops
Prizes and Promotions available only at Show
ADMISSION FREE
www.OttawaWeddingShow.com

WE CAN HELP YOU SETTLE YOUR DEBTS SO YOU CAN START GROWING YOUR BANK ACCOUNT
Debt Restructuring Consultants and Trustee in Bankruptcy
Collins Barrow Brown Inc.
613.820.2200 | 1.866.720.3330 | collinsbarrowbrown.com
OTTAWA WEST • MAIN OFFICE 301 Moodie Drive, Suite 400
OTTAWA CENTRE 480 Somerset St. West
OTTAWA EAST / ORLEANS 540 LaColle Way
CARLETON PLACE 52 Lansdowne Avenue

GO LEGLESS AND GET AHEAD THIS YEAR

JUST SAYIN'
Paul Sullivan
metronews.ca

Back in the bad old days when everyone in Canada was nearly Scottish, there was one New Year, Jan. 1, and that was it.

Today's infinitely more diverse (and interesting) times mean you have multiple opportunities to slough off the old year — like the skin of a snake — and begin anew.

And wouldn't you know? Coming up, on Feb. 10, it's the Year of the Snake for followers of the lunar calendar.

The snake is the sixth sign in the Chinese zodiac, and snake years happen in intervals of 12. Last year was a dragon year, which you might argue is a more impressive member of the reptile family, but don't sell the snake short.

2013

Never stab a snake in the back, because a snake never forgets and always gets the last word.

The snake (in short) is good at, and for, business. This year is specifically a year of the water snake, which means, according to various Chinese astrologers, those born under the sign are influential, insightful, intellectual, motivated and determined to succeed. Snakes keep to themselves, don't talk much and are smarter than you. When you're together in the boardroom, you really want to know what they're thinking but you haven't the faintest idea.

Snakes make great scientists and investigators. They're relentless.

Never stab a snake in the back, because a snake never forgets and always gets the last word.

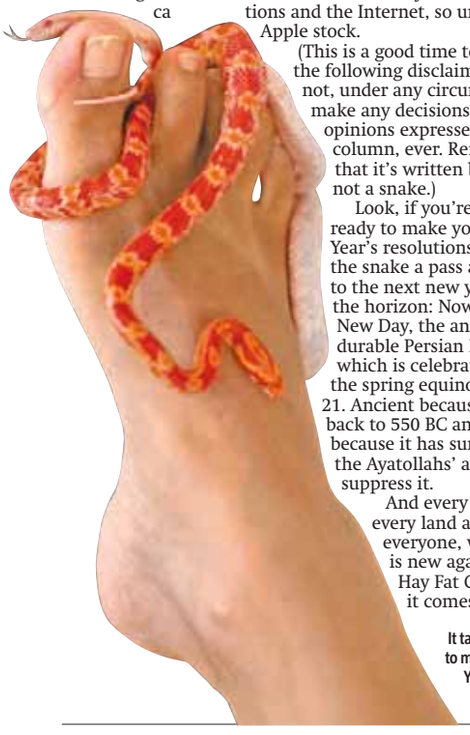
What's sauce for the snake is swamp water for the tiger, e.g., yours truly. Tigers and snakes are on completely different paths. If you have a snake in the house, you will never go hungry. If you have a tiger curled up in front of the fireplace, you're safe. Just don't expect them to get along.

Knowing your snakes from your tigers can be useful for making bold predictions about the coming year. According to geomancer and philosopher Paul Ng of Richmond Hill, Ont., the Year of the Snake will be a good year for water-oriented businesses, such as fishing, but also a good year for metal and earth industries, such as real estate, except in Scarborough, Mississauga and Vancouver. It will be a bad year for communications and the Internet, so unload that Apple stock.

(This is a good time to issue the following disclaimer: do not, under any circumstances, make any decisions based on opinions expressed in this column, ever. Remember that it's written by a tiger, not a snake.)

Look, if you're still not ready to make your New Year's resolutions, just give the snake a pass and go to the next new year on the horizon: Nowruz, or New Day, the ancient and durable Persian New Year, which is celebrated on the spring equinox, March 21. Ancient because it goes back to 550 BC and durable because it has survived even the Ayatollahs' attempts to suppress it.

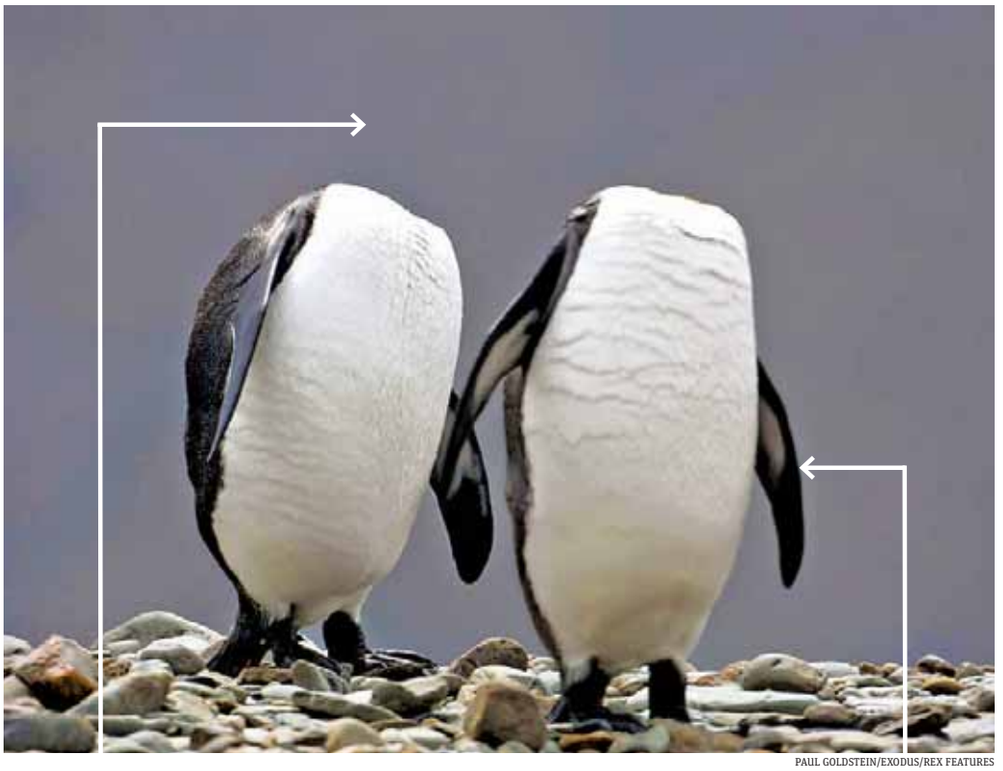
And every year, in every land and for everyone, what's old is new again. Gung Hay Fat Choy, when it comes!



It takes a real snake to make a bold New Year's prediction.

GETTY IMAGES

Heads off to you, Pingu



PAUL GOLDSTEIN/EXODUS/REX FEATURES

Wildlife photography

Not a good time to lose one's head

It appears that penguins can be camera-shy, too.

Wildlife photographer Paul Goldstein took this amusing image of two seemingly headless king penguins at St. Andrews Bay on the British territory of South Georgia. As it turned out, the flightless birds were using their double-jointed necks to bend their heads backward. **METRO**

Photographer's viewpoint

"Initially I was just glad to be able to isolate a couple of these to photograph. It is so difficult normally as there are a quarter of a million others to clutter the background."

Paul Goldstein, photographer and tour guide for travel company Exodus

Never get a head

Keeping composure is tough to do

The London, England-based photographer recalls his encounter with the playful pair.

"One penguin had reverted to normal by the time I got the camera up but then it hid its head again, and its mate did it too," Goldstein said. "I just managed to keep the camera still enough as I was laughing so much — to them it is a perfectly normal manoeuvre, but to me — not so." **METRO**

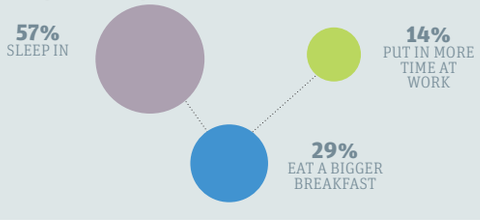
South Georgia Island

- **Location.** Sits 1,390 kilometres to the east of the Falkland Islands.
- **Population.** Approximately 2.23 million pairs of king penguins, with numbers rising. No human population.
- **Life.** Cold, highly-oxygenated waters promote marine life. Krill, the shrimp-like crustaceans at the base of the food chain, thrive here.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What would you do with extra time shaved from your daily commute?



Twitter

@CoreyTamas:
@utterer I think what we're seeing, once again, is the fundamental flaw in Microsoft's philosophy: The tablet isn't a desktop.

@ZhaoJanelle:
"Life is so time consuming sometimes." Says Jess

@outofmyplanet:
Today was a successs! Got fabric for pillowcases, linen for decorative hanging, and even the salt pork and dub smoked bacon for baked beans!

@turnipseeds:
@erikblair Our time in #Belgium will be spent retracing my husbands footsteps from when he was a 17 year old exchange student! #beer #rtw

@sproudfoot:
@frankiefairways CB, obviously. The Kollected Works of the Kardashians, Trump, Anne Hathaway, LeAnn Rimes.

@Shanksy93:
I hate slow walkers, I don't understand them, why are you walking so slow? Don't you want to get to where you wanna be? #gunnasnap

metro
President Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Ottawa** Sean McKibbon • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **Sales Manager** Ian Clark • **Distribution Manager** Bernie Horton • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO OTTAWA** • 130 Slater St., Suite 100 Ottawa, ON K1P 6E2 • **Telephone:** 613-236-5058 • **Fax:** 866-253-2024 • **Toll free:** 1-888-916-3876 • **Advertising:** 613-236-5058 • adinfoottawa@metronews.ca • **Distribution:** bernie.horton@metronews.ca • News tips: ottawa@metronews.ca • **Letters to the Editor:** ottawaletters@metronews.ca

Cineplex resurrects classic films in high-def

Some films cited as classics can be enjoyed as historical artifacts, more appreciated for their aesthetics and less for their urgent, contemporary effect. But the spate of motion pictures selected to be screened as part of Cineplex's fourth annual The Great Digital Film Festival are rare in that they are indeed landmark movies and play as good today — if not better — than they did in their respective eras. Running at select Cineplex theatres from Feb. 1 to 7, the Great Digital Film Festival programmers are spotlighting sumptuous new high-def prints. Here are a few of Metro's primo picks.

CHRIS ALEXANDER
scene@metronews.ca

A Clockwork Orange (1971)

As disturbing and viscerally alive as ever, Kubrick's razor-sharp satire is a must see big-screen experience. Malcolm McDowell is ultraviolence personified, Wendy Carlos' music still chills and the director's trademark dissonance has never been more prominent.

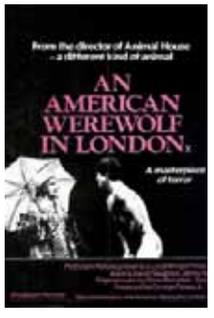
Exclusively online

Cynthia Loyst, a host of InnerSPACE, breaks down genres you don't want to miss at metronews.ca.

Jaws (1975)

The film that sparked the template for the contemporary Hollywood blockbuster, Spielberg's iconic and terrifying chomp on Peter Benchley's killer shark book is a perfect film, from stem to stern (of the Orca, natch).

From the performances (Roy Scheider, Robert Shaw, Richard Dreyfuss) to John Williams' double bass note driven score, JAWS is an epic, genre defying gem.



An American Werewolf in London (1981)

"Stay clear of the moors." A wiser warning never spoken in cinema and it's a shame the heroes of John Landis's maverick comedic shocker don't heed it. Then again, if they did we wouldn't have this visionary blend of humour and horror; part tragedy, part love story and jolted by Rick Baker's Oscar winning prosthetic man-to-wolf transformation sequences that have never, ever been bettered. This writer, for one, cannot wait to hear that blood-curdling howl screaming digitally from the screen.

Raiders of the Lost Ark (1981)

The first and best of the Indiana Jones films, this mega-hit is another rousing, vintage Spielberg adventure classic, one that demands to be seen on a gigantic screen.

Who needs 3D when that monstrous boulder comes crashing through the cave in the films' much copied opening sequence? This one is a generational right of passage. Take the kids.

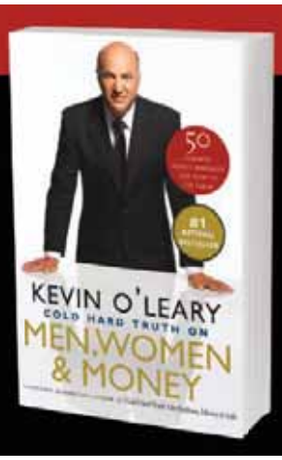
Casino (1995)

The same creative team behind the much-lauded gangster drama Goodfellas (Scorsese and writer Nicholas Pileggi) re-teamed for this sprawling look at the dark side of mafia-ruled Las Vegas circa the '60s and '70s and though it's been called inferior to its predecessor, a second (or third or fourth) look might change some tunes. Robert DeNiro's best performance bumps up against Joe Pesci's mania, but the real treat is Sharon Stone as a playgirl who malfunctions with Shakespearean aplomb. Amazing pop music score too.

INSTANT #1 BESTSELLER

MEET KEVIN O'LEARY

"CANDOUR IS KEVIN O'LEARY'S SPECIALTY AND HIS STRONGEST SELLING POINT." THE GLOBE AND MAIL



THURSDAY, JANUARY 31
7:00 PM
Chapters Rideau
47 Rideau Street
Audience Q&A with signing to follow

DOUBLEDAY CANADA
WWW.RANDOMHOUSE.CA

Available in-store and online at
Indigo | Chapters | indigo.ca

Indigo, Chapters and indigo.ca are trade marks of Indigo Books & Music Inc.

Directors can't resist lure of Big Easy's ether

New Orleans. Much maligned and mysterious, the Louisiana backdrop has become a staple for movies looking for that gritty feel

IN FOCUS
Richard Crouse
scene@metronews.ca

Bullet to the Head, starring Sylvester Stallone, opens this weekend. HANDOUT

New Orleans is one of the great cities of the world. The vibrant, balmy beauty of the town gave birth to jazz, zydeco and some of the best food this side of Emeril Lagasse's slow cooker.

It's also the location of many movies, earning the nickname Hollywood South in reference to the many films that have been shot there in recent years.

This weekend the new Sylvester Stallone Y-chromosome thriller Bullet to the Head takes place in the gritty underbelly of post-Katrina New Orleans.

As they say in NOLA, it lets "the bonne temps roulez" with some spectacular Crescent City scenery, good zydeco party music all washed down with a healthy shot of Bulleit Bourbon.

Many recent movies have used the city as a backdrop, including Django Unchained, Looper, Killing Them Softly, Killer Joe and Beasts of the Southern Wild.

Tennessee Williams loved the Big Easy so much he once said, "America has only three cities: New York, San Francisco and New Orleans. Everywhere else is Cleveland."

Enamored with the place, he set several of his plays there, most famously A Streetcar Named Desire, which contains one of the most famous lines in movie history.

As played by Marlon Brando, Stanley Kowalski's barbaric yell of "Stella!" was voted one of the best movie quotes by the American Film Institute.

Streetcar's director, Elia Kazan, also set Panic in the Streets, the story of a doctor and a policeman who have just two days to find a killer infected with a highly contagious form of bubonic plague, in 1950s New Orleans.

It's dirty, dangerous, and claustrophobic — the perfect setting for a film noir.

Shot on location in New Orleans, it's as though the freewheeling attitude of the city loosened Kazan up a bit and let him relax.

"I went wild," he said. "It was a carny atmosphere. In one sequence, for extras we emptied a whorehouse of its girls. That was a jolly day. Living irregularly, I was in heaven."

One movie to take advantage of the city's connection to the occult — NOLA was, after all, the home of Voodoo priestess Marie Laveau — was Angel Heart. Mickey Rourke is Harry Angel, a New York City detective, hired by a mysterious man named Louis Cyphre (Robert De Niro).

The role of Louis Cyphre (say it fast to hear the homophone) was originally offered to Marlon Brando, who turned it down.

A lesson in geography

"America has only three cities: New York, San Francisco and New Orleans. Everywhere else is Cleveland."

Tennessee Williams
Talking about his love for the Big Easy.

Flights to the city that never sleeps.
(Plus hotel packages, in case you want to.)

WestJet makes getting to the Big Apple easier, with low fares and convenient connections to LaGuardia airport* from across Canada. At just 15 km from downtown Manhattan, it's a stone's throw from all the shopping, sports, art and culture New York has to offer.

WestJet Vacations also offers a variety of great flight and hotel packages.

Book today at **westjet.com**.

Discover America .com

WESTJET

*Schedule subject to change. See westjet.com for details. **Ontario travel agents are covered by TICO. Mailing address: 6085 Midfield Road, Toronto, ON L5P 1A2. TICO registration number: 50018683.**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Bradley Cooper. ALL PHOTOS GETTY IMAGES

Bradley Cooper back pedals on Armstrong movie

Despite telling BBC News earlier this month that he'd be up for starring in a J.J. Abrams-produced biopic on disgraced cyclist Lance Armstrong, Oscar-nominee Bradley Cooper insists he's not interested.

"Oh my God, that's so nuts," Cooper tells Access Hollywood, adding that he "had no idea what (the interviewer) was talking about" during the red carpet chat.

Dazed and confused

"(I) had no idea what (the interviewer) was talking about."

Bradley Cooper
Talking about being confused over a question on the Lance Armstrong movie

"I didn't even know that J.J. ... has the rights. I had no idea."

The Word

Stay classy Brandi Glanville

THE WORD
Dorothy Robinson
scene@metronews.ca

Holy cats, you guys. Brandi Glanville is insane. How do we know this (besides reading every tabloid story ever)? Let me present to you some excerpts from the The Real Housewives of Beverly Hills star's new book, Drinking & Tweeting and other Brandi Blunders, which were obtained by Life & Style.

Her reaction after finding out about her then-husband, Edward Cibrian's, affair with LeAnn Rimes:
"I'm not entirely sure how I ended up on the floor of my closet sobbing ... a teary-eyed Eddie found me lying there minutes later, and without saying so much as a word, he started kissing me all over ... he pulled off my workout pants and we started having sex right there," she recalls. "He swore up and down my body that it wasn't true ... that it was completely innocent. In that moment, it was easier to believe him, because I just couldn't stand the thought of being without him."

How she would go about her revenge:
"A brand-new vagina would be an Eddie-free vagina. ... I decided that since Eddie had ruined my vagina for me, he could pay for a new one. I gave (the doctor's office) Eddie's credit card number," she says about undergoing a vaginal rejuvenation for $12,000.

But, really, no hard feelings:
"I would like to thank my ex-husband, Edward Cibrian, for giving me all the material I could ever need to write this book and for helping me discover the strong, independent woman inside of me," she writes, in Drinking & Tweeting, which will surely be a New York Times bestseller.

Channing Tatum

Tatum taking a glass-half-full approach to parenthood

Channing Tatum is terrified of his impending parenthood, but in a good way.

"I mean, I don't think there's one thing that doesn't terrify you, but in the most unbelievably beautiful way," the 32-year-old Magic Mike star tells E! News.

"Someone said it's really like watching your heart jump out of your body and run around, and I think that can possibly be the coolest thing that I've heard of."

As for how wife Jenna Dewan-Tatum is handling pregnancy?

"I mean, women just sort of turn into, like, animals in this sort of stage that they're in," he says. "She's a complete animal right now. You can ask her, but in the most beautiful, like, humanistic animaly way. You know, she works out all of the time, eats right, impeccably right. She's just a machine."

Daddy-to-be

"I don't think there's one thing that doesn't terrify you, but in the most unbelievably beautiful way."

Channing Tatum
On the impending birth of his first child

It's expensive to be a tourist in a town that's hosting two of the biggest events of the new year — Mardi Gras and the NFL Super Bowl — but New Orleans has plenty of free things to do. The nearly 300-year-old French city has walkable neighbourhoods and scenic public parks dotted with centuries-old oak trees draped in Spanish moss, along with a free ferry and historic market.

PHOTOS AND STORY: THE ASSOCIATED PRESS

5 Free things to do in New Orleans

Mardi Gras and Bourbon Street

New Orleans is perhaps best-known for hosting one of the biggest free parties in the world: Mardi Gras. The Carnival season includes parades with costumed riders, marching bands and decorated floats, but it only lasts a few weeks. Visitors can get a taste of the madness and revelry of Carnival any time of year on Bourbon Street, the city's most famous thoroughfare, where scantily-clad women beckon patrons from strip club doorways and beads are flung from balconies to revellers down below year-round. It's also a hot spot for live music, which spills out onto the street from clubs with doors and windows flung open. And finally, Bourbon Street is a the one place where a costume can be flaunted any time of year.

Jackson Square

Artists painting on canvas, clowns making balloon animals, street performers and jazz musicians are among the free entertainment to be found in Jackson Square, a one-block section of the French Quarter anchored by a lush green space with benches set amid gardens and grand oak trees. The square is bordered by pedestrian-only walkways with restaurants, storefronts and upper-level balconies boasting decorative ironwork. Benches allow visitors to take in the architecture of the square's historic buildings, including the Cabildo and Pontalba Apartments, believed to be among the oldest apartment buildings in the country. Visitors are also welcome at St. Louis Cathedral, a place of worship for Catholics since the 1720s. jackson-square.com

City Park

City Park is the largest green space in New Orleans, with more than 1,300 acres of gardens, lagoons and walking trails set amid centuries-old oak trees draped in Spanish moss and filled with birds. The New Orleans Museum of Art is located in the park, and while there's a fee to enter the museum, just beyond the museum are dozens of art objects you can see for free in the Sydney and Walda Besthoff Sculpture Garden. The sculptures, valued at more than $25 million, can be viewed in a relaxing setting that includes meandering footpaths, pedestrian bridges and reflecting lagoons. Among the artists represented are Antoine Bourdelle, Gaston Lachaise, Henry Moore, Jacques Lipchitz, Barbara Hepworth and Seymour Lipton. neworleanscitypark.com.

Mississippi River Ferry

A boat ride is one of the best ways to get a look at the New Orleans skyline and the Mississippi River's daily parade of river barges, steamships and cruise ships. The Algiers Point ferry, which has been in operation since the early 1800s, is free to pedestrians. It runs every 30 minutes between the landing at the foot of Canal Street near the Aquarium of the Americas and the historic Algiers Point neighbourhood directly across the river from the French Quarter. Algiers Point, established in 1719, boasts a trove of historic Victorian-style homes, magnolia tree-lined streets with several parks, cafés, historic churches and bars with live music. But perhaps its best feature is an unobstructed view of the city's skyline and river traffic.

French Market

The smell of sweet pralines and freshly-brewed coffee wafts through the air of the New Orleans French Market. The centuries-old commercial hub stretches for several city blocks along the banks of the Mississippi River in the French Quarter and includes Cafe du Monde, home of the deep-fried, sugar-coated beignet, a popular New Orleans pastry. The market is a mix of open-air retail spaces dotted with produce stands and enclosed stores carrying specialty clothing and jewelry. It's an ideal destination for window shopping and people watching. The French Market dates to 1791 and was originally the site of a Native American trading post. European immigrants traded there, as did African-Americans selling coffee, pralines and calas.

Mardi Gras brings baby dolls back

Century-old tradition.
Fat Tuesday's garter-clad women get their own exhibit

The "baby dolls," an on-again, off-again Mardi Gras tradition of New Orleans' African-American community, are on again.

The troupes of women strutting and prancing in bonnets, garters and skimpy or short, ruffled dresses on Fat Tuesday also are being spotlighted in a new book and museum exhibit that trace their history and modern rebirth.

When the predominantly African-American Zulu krewe hits the streets on Fat Tuesday — Feb. 12 — its marchers will include the Baby Doll Ladies, a troupe formed after hurricane Katrina. They play tambourines and cowbells to accompany their dance, a hip-hop style called bounce.

Though Mardi Gras celebrations date from the city's French founding in 1718, historians say the baby doll tradition started in 1912 when African American prostitutes who worked just outside the legal red-light district, called Storyville, dressed up on Mardi Gras to outdo their legal rivals.

Storyville was closed in 1917, but the baby doll costumes caught on and survived for decades in African-American neighbourhoods.

In the years of segregation, blacks celebrated Carnival in their neighbourhoods with informal parades of the brightly feathered and beaded Mardi Gras Indians, picnics and parties centred around the floats of the Zulu parade and costume traditions such as the baby dolls.

The end of segregation in the 1950s and '60s — and new economic opportunities — brought new avenues for African-Americans to participate in Mardi Gras. Debutante presentations at gala balls and more traditional float parades sprung up. And the revival of Lundi Gras celebrations the day before Mardi Gras brought together the monarch of the predominantly white Rex krewe to meet with the king of Zulu to toast the coming festival.

As times changed, the baby doll tradition faded.

But not everyone forgot the dolls, or what they meant to Carnival in New Orleans.

One new group — the 504 Eloquent Baby Dolls of New Orleans, named in part for a telephone area code — will march with a tribe of Mardi Gras Indians and the Skull and Bones club, maskers clad as skeletons in another revived black tradition.

"I've got a wonderful group of women who want to educate our youth, who want to bring our culture back to the streets of New Orleans," said Denise Trepagnier, a heavy crane operator and part-time seamstress who organized the group.

Around New Orleans neighbourhoods, you might catch a glimpse of other baby doll troupes with names like the Gold Digger Baby Dolls, the Treme Million Dollar Baby Dolls and the Ernie K-Doe Baby Dolls.

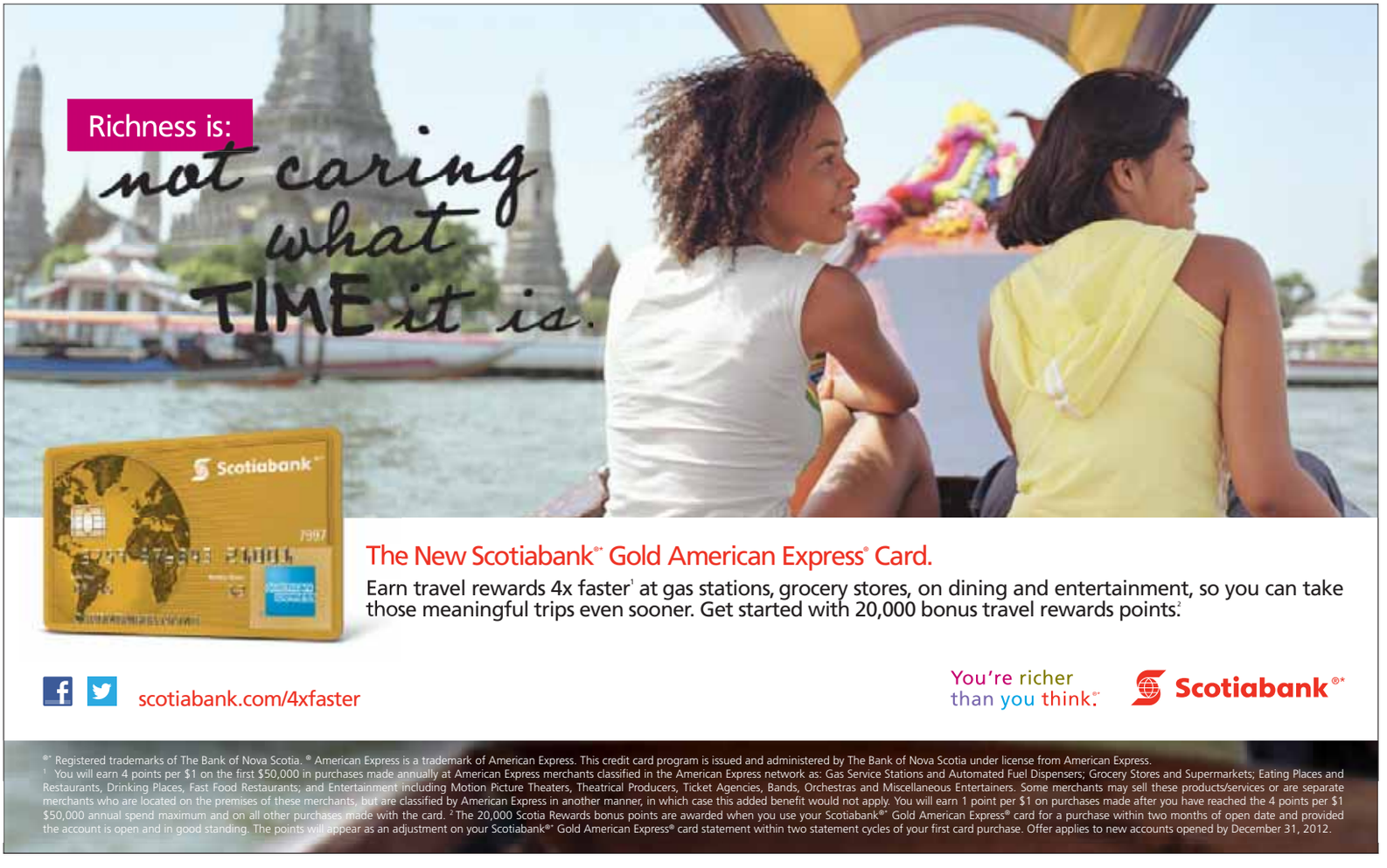
THE ASSOCIATED PRESS

The baby doll tradition began in 1912 when African American, illegal prostitutes would dress up to outdo their legal rivals. THE ASSOCIATED PRESS

Quoted

"I've got a wonderful group of women who want to educate our youth, who want to bring our culture back to the streets of New Orleans."

504 Eloquent Baby Dolls organizer Denise Trepagnier


Richness is:
not caring
what
TIME it is.
Scotiabank
The New Scotiabank®* Gold American Express® Card.
Earn travel rewards 4x faster[1] at gas stations, grocery stores, on dining and entertainment, so you can take those meaningful trips even sooner. Get started with 20,000 bonus travel rewards points.[2]
scotiabank.com/4xfaster
You're richer than you think.®*
Scotiabank®*
®* Registered trademarks of The Bank of Nova Scotia. ® American Express is a trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express.
[1] You will earn 4 points per $1 on the first $50,000 in purchases made annually at American Express merchants classified in the American Express network as: Gas Service Stations and Automated Fuel Dispensers; Grocery Stores and Supermarkets; Eating Places and Restaurants, Drinking Places, Fast Food Restaurants; and Entertainment including Motion Picture Theaters, Theatrical Producers, Ticket Agencies, Bands, Orchestras and Miscellaneous Entertainers. Some merchants may sell these products/services or are separate merchants who are located on the premises of these merchants, but are classified by American Express in another manner, in which case this added benefit would not apply. You will earn 1 point per $1 on purchases made after you have reached the 4 points per $1 $50,000 annual spend maximum and on all other purchases made with the card. [2] The 20,000 Scotia Rewards bonus points are awarded when you use your Scotiabank®* Gold American Express® card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank®* Gold American Express® card statement within two statement cycles of your first card purchase. Offer applies to new accounts opened by December 31, 2012.

Try something a bit off-piste — Delirium Dive. COURTESY DAN HUDSON

Pick your own peak at Kicking Horse. SUPPLIED BY JANE MARSHALL

Behold the land of frozen pines and fresh powder

Ski escapes. These five spots offer something for families, weekend warriors and the true powder hounds

JANE MARSHALL
life@metronews.ca

Air scented with the resin of frozen pines, the feeling of carving your skis into a fast groomer and alpine vistas where saw-back peaks break the horizon. The mountains are calling...

Family-friendly skiing at Marmot Basin in Jasper

"The terrain (at Marmot) is probably the most balanced in western Canada, with 30 per cent green, 30 per cent blue, 20 per cent black and 20 per cent double black terrain," says Jeff Bartlet, Media and PR specialist for Tourism Jasper.

Marmot has a base and mid-mountain lodge, so if kids get cold it's never far to hot chocolate. It also offers nursery care for little ones 19 months and up, and lessons for children and adults. The overall feeling: cozy and comfortable with wild powder to be had.

Doing the Dive at Sunshine Village in Banff

Sunshine Village offers so much varied terrain that adrenaline begins to pump at the sight of an area map. And for experts, Sunshine holds a special delight: Delirium Dive. This off-piste area accessed from Lookout Mountain features more than 2,000 feet of vertical, a 40 degree average pitch and more than 600 acres of terrain. Skiers are required to carry beacons, probes and shovels and hike in groups of two or more. Check in with patrols at an access gate off the Continental Divide chair. Then it's a hike along a skinny ridge to drop into powdery heaven.

Luxurious Lake Louise in Lake Louise

The iconic Fairmont Chateau Lake Louise offers a dose of luxury to the ski experience. Think fine china, exquisite old-world charm and expansive views of the icy lake. The chateau sits on the edge of a lake that has captivated travellers for over a century.

For true luxury, eat a meal at the elegant Fairview Dining Room. Feast on local cuisine while taking in one of the world's best views.

Picking Peaks at Kicking Horse Mountain Resort in Golden, B.C.

Throwing our skis over a shoulder, my husband Mike and I followed one of the resort's senior patrollers, Steve Crowe, to explore some inbounds ridges.

"There's an amazing world that unfolds," says Matt Mosteller, VP of Marketing and Sales for Resorts of the Canadian Rockies. "For those looking to explore less accessible terrain, I recommend checking in with the patrols. They share a love of the mountains and can point people in the right direction."

Four hikes took us to the quiet cove of Bowl Over and to the peaks of Terminator, Blue Heaven (Whitewall), and Terminator 2. Views of the quartzite Purcells pop up like canines, the Bugaboos appear on the far horizon as blue bulges and the Rocky Mountains show off their steep, varied girth. This is double-black diamond terrain.

Local Style at Castle Mountain near Pincher Creek, Alta.

Quiet, big, steep mountains. Castle Mountain is a locals' haven. With hand-me-down chairlifts from Sunshine Village, an on-mountain hostel and $67 (adult) lift tickets, Castle is an affordable place to rip.

The Castle Mountain Ski Lodge and Hostel offers dorm rooms ($27 per person plus tax) as well as hotel rooms. This quaint spot is a short walk to the day lodge. This is where the prairie country meets the big mountains, an oft-forgotten spot that speaks of times past — both in terms of its lifts and its prices. Bring a pot of chili for the communal kitchen and go local for the weekend.

HILTON HHONORS
HHonors.com
EXPERIENCES WORTH SHARING

JOIN HILTON HHONORS AND EARN

TWICE THE REWARDS

EARN DOUBLE POINTS OR DOUBLE MILES ON YOUR NEXT GETAWAY.

Discover the world twice as fast with Hilton HHonors™, the hotel guest loyalty program with ten distinct brands. Join today, or if you're already a member, sign up for the **Double Your HHonors** promotion. Because now, you can earn Double Points or Double Miles when you stay at participating hotels and resorts in the Hilton HHonors portfolio by March 31, 2013. From business trips to weekend getaways, HHonors gets you to experiences worth sharing faster than ever.

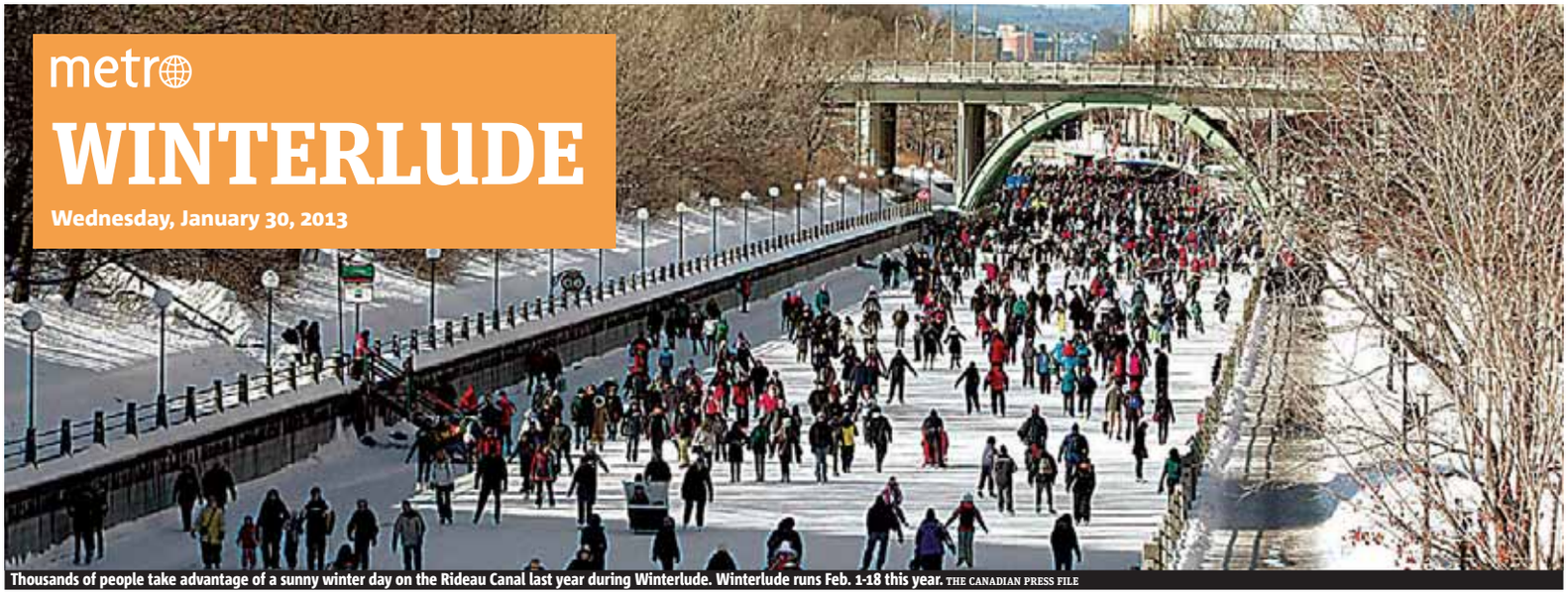
SIGN UP AT HHONORS.COM/DOUBLE

WALDORF ASTORIA HOTELS & RESORTS · CONRAD HOTELS & RESORTS · Hilton HOTELS & RESORTS · DOUBLETREE BY HILTON · EMBASSY SUITES · Hilton Garden Inn · Hampton · HOMEWOOD SUITES BY HILTON · HOME2 SUITES BY HILTON · Hilton Grand Vacations

HILTON HHONORS

You must be an HHonors member and first register at HHonors.com/Double prior to check-out of first eligible stay between January 7 and March 31, 2013 ("Promotion Period"). Your selection of Double Points or Double Miles applies to all eligible stays completed during the Promotion Period at participating hotels and cannot be changed. For a list of participating hotels, airline restrictions, and the full terms and conditions of this offer, please visit the registration page, HHonors.com/Double. ©2013 Hilton Worldwide.

metro
WINTERLUDE
Wednesday, January 30, 2013



Thousands of people take advantage of a sunny winter day on the Rideau Canal last year during Winterlude. Winterlude runs Feb. 1-18 this year. THE CANADIAN PRESS FILE

Take a trek and explore Winterlude

35th anniversary. Festival's opening night theme will celebrate explorers and exploration

STEVE COLLINS
ottawa@metronews.ca

Winterlude lights up Confederation Park this year with a dazzling outdoor tunnel of some 1,300 lanterns, a gift from South Korea's Jinju Namgang Yudeung Festival. The two festivals team up to celebrate Winterlude's 35th anniversary, as well as the 50th of the Korean War armistice.

Canada blows out the candles on other big anniversaries, too, including the passage of Samuel de Champlain through the region (400 years), the founding of Louisburg (300 years) and the Canadian Arctic Expedition (100 years).

"Our opening night theme is explorers and exploration, of course, to celebrate the 400th of Champlain and the 100th of the Expedition," said the National Capital Commission's Denise LeBlanc. "And there's also going to be a special message from Chris Hadfield, who is manning the International Space Station way up high."

That opening night extravaganza, complete with aerial performers on the façade of city hall, pyrotechnics and a DJ party with Ottawa's A Tribe Called Red, marks the Winterlude debut of Marion Dewar Plaza, which this year joins Jacques Cartier Park, the Rideau Canal Skateway and Confederation Park as a fourth official festival site.

But exploring beyond these hot spots will be more rewarding than ever, as organizers have invited an unprecedented 75 private and public sector partners to the party, from the National Arts Centre to the Diefenbunker.

"It really opens up the whole capital so that Winterlude sort of reverberates through the whole region," LeBlanc said. "You've got cultural art activities, fashion activities, food activities, children's activities, so there's a whole other aspect."

Indoor events at area museums, restaurants and galleries also provide a bit of insurance against unpredictable winter weather.

"If people are hesitating because they think the weather might be off on a weekend they're coming into town, well, they still have a ton of things to choose from to do while they're here," LeBlanc said. "It gives us weather-proof programming, but it also helps to showcase more of the capital and what we have to offer, of our artists, of our chefs, of every walk of life."

Also new this year, Winterblast Weekend (Feb. 15-17) is three days of youth programming, including a DJ battle between local high schools and night sliding in Jacques Cartier Park.

"Some of those activities are actually created by youth as well and run by youth, so it's good because they have insight into what it is they like to do," LeBlanc said.

Another day on the snow slides at The Snowflake Kingdom in Jacques Cartier Park, one of the four official sites of Winterlude. NATIONAL CAPITAL COMMISSION PHOTO

Four official sites

- The 35th edition of Winterlude, the capital's winter celebration, runs Feb. 1-18 at four official sites — the Rideau Canal Skateway, Jacques Cartier Park, Confederation Park and Marion Dewar Plaza — plus locations across Ottawa and Gatineau. Many events are free of charge. For more, visit winterlude.ca.

Young Sculptors At Work (Feb. 17) gives kids a chance for hands-on experience with ice carving. NATIONAL CAPITAL COMMISSION PHOTO

Friday, February 1 at 7 pm
Marion Dewar Plaza, Ottawa City Hall
American Express Winterlude Opening
WINTERLUDE BAL DE NEIGE
AMERICAN EXPRESS
® Used by Amex Bank of Canada under license from American Express.

All that it's cracked up to be

Laughs. Comedy fest boasts four events, all benefitting different health organizations

JEN TRAPLIN
For Metro

Colin Mochrie will host the Improv Games: Youth Comedy Evening Feb. 7. CRACKING-UP THE CAPITAL COMEDY FESTIVAL PHOTO

An annual winter comedy show is now not only part of Winterlude, but has also expanded from a one-off to a series of events, making it Ottawa's first ever comedy festival.

The inaugural Cracking-Up the Capital Comedy Festival features an impressive list of Canadian comedians, with a portion of the proceeds going to benefit local health organizations like The Royal Ottawa Foundation for Mental Health.

John Helmkay, president and Chief Beaver of Cracking-Up the Capital, says the time was right to expand the annual comedy showcase.

"It took us eight years to get here. We started with about 350 people at Centrepointe Theatre to about 2,100 last year at the NAC. Once we got to that point, we felt it was time to make the move to a festival," he said. "We don't have one, can you imagine that? The city of Ottawa, the Nation's Capital, and we don't have a comedy festival."

The festival boasts four events, all benefitting a different local mental health organization.

Facilitating one of those events is Colin Mochrie, known for his role on the hilarious show Whose Line Is It Anyway? Mochrie will be overseeing the Improv Games: Youth Comedy Evening, which is a Whose Line Is It Anyway? themed night featuring improv teams from Carleton University and the University of Ottawa.

"It's a format I'm very comfortable with," Mochrie said.

"For me, part of the excitement is getting to see the young ones do their stuff. It reminds me of why I got into it."

Like Helmkay, Mochrie thinks a comedy festival here in Ottawa is long overdue.

"The first Just For Laughs, I'm sure, was just a small thing that grew into this worldwide phenomenon so I'm hoping the same thing happens for this."

For tickets and more information, go to crackingupthecapital.com.

Tune into a variety of musical performances

There is no shortage of musical entertainment to warm you up at Winterlude.

The city of Ottawa's Shenkman Arts Centre and Centrepointe Theatres are the musical hot spots this year with a variety of performances sure to impress every music lover in your family.

Ottawa's own A Tribe Called Red bring their brand of "Powwow Step" to the Winterlude opening ceremony on Feb. 1 at 7 p.m. at Ottawa City Hall. The DJ trio, made up of DJs NDN, Bear Witness and Shub, create a unique sound that mixes traditional powwow vocals and drumming with electronic music.

Also not to be missed on opening night, a performance by Sarah Slean at Centrepointe Theatre. Time magazine calls her "one of the most compelling acts Canada has to offer."

Juno-Award winning pop/R&B artist Shawn Desman will be hitting the Centrepointe Theatre stage as well with special guest Anjulie. That show takes place Feb. 8 at 8 p.m.

On Feb. 9, leave the kids at home and enjoy the sights and sounds of Les Coquettes Cabaret Burlesque, a surefire way to warm up on a cold night.

Savour the Cajun experience with the Mardi Gras Dinner and Show with Mumbo Jumbo Voodoo Combo, presented by the Shenkman Arts Centre, on Feb. 16. It's a night of home-cooked jambalaya and dancing to Cajun beats.

The Shenkman Arts Centre will also host a performance by singer-songwriter Tricia Foster on Feb. 2, a show that will be presented in French.

Get nostalgic with The Lost Fingers, also on Feb. 2, and their witty, jazzed-up renditions of classic hits by AC/DC, Stevie Wonder, Bon Jovi, Michael Jackson, Céline Dion, and more.

For a full listing of all musical performances during Winterlude, including ticket and venue info, visit winterlude.ca. JEN TRAPLIN

WINTERLUDE
BAL DE NEIGE

AMERICAN EXPRESS

This is why I love winter!

American Express® Winterlude Opening

Friday, February 1 at 7 pm

Marion Dewar Plaza, Ottawa City Hall

A multi-sensory evening where spirits of great Canadian explorers come to life. Featuring musical performances, aerial dancers, pyrotechnical effects and a DJ dance party!

MARION DEWAR PLAZA, OTTAWA CITY HALL

Join us for family activities or groove to the rhythms on DJ Nights.

CRYSTAL GARDEN

Come and discover glittering ice-sculpture masterpieces.

RIDEAU CANAL SKATEWAY

Skate on the world's largest skating rink.

SNOWFLAKE KINGDOM IN GATINEAU

Come and experience the joys of winter at the biggest snow playground on the continent!

OLG SNO BUS

On weekends, take the shuttle service to travel between sites. It's free!

February 1 to 18 | 613-239-5000 | Winterlude.gc.ca #winterlude

Ottawa · Ville de Gatineau · OC Transpo · JTO · OLG · ENBRIDGE · ONTARIO Yours to discover · NCC CCN Canada

® Used by Amex Bank of Canada under license from American Express.

Slip and slide at Snowflake Kingdom

For more than two weeks, snow-making cannons have been running day and night to create the 30,000 cubic metres of snow required to create Snowflake Kingdom, an annual winter wonderland at Jacques Cartier Park in Gatineau.

The park is perhaps best known for its snow slides, each specially designed with its own unique degree of slope, height and speed.

After the slides are built out of snow, they are all watered down, creating a thick, icy coating for maximum speed.

Snowflake Kingdom Park co-ordinator Julie Descoteaux says the slides are bigger and better this year.

"All together, there are 16 different slides," she said. "We're changing the experience though because tube sliding is extremely popular and we only had one that offered that. So we've converted our giant slide in the centre into a tube slide — now we have two."

There are also big changes in the XTREME Zone — a portion of the park dedicated to thrill-seekers. "Everything is different in that zone, apart from the wall climbing. This year, there is a zip line, peddle go-karts on snow, there's an aerial course that is also being presented there," Descoteaux said.

Snowflake Kingdom at Jacques Cartier Park is open Mondays and Thursdays from 9 a.m. to 5 p.m., Fridays and Saturdays from 9 a.m. to 9 p.m., and Sundays from 9 a.m. to 6 p.m. JEN TRAPLIN

The Garden of Lanterns exhibit will run throughout Winterlude, from Feb. 1-18 at Confederation Park. NATIONAL CAPITAL COMMISSION PHOTO

Colourful experience

JEN TRAPLIN
For Metro

Cultural diversity

"This magnificent exhibit will enable residents and visitors to experience the cultural diversity of the Capital through the presentation of international works of public art."

Guy Laflamme, senior vice-president, Capital Experience and Official Residences at the NCC

The National Capital Commission (NCC) is teaming up with the Jinju Namgang Yudeung Lantern Festival in South Korea to bring a unique and colourful cultural experience to Winterlude this year.

The annual festival is one of the most popular and oldest Korean festivals, dating back to 1592. This year, as a symbol of the Canada-Korea friendship, that magic and beauty will be on display right here in Ottawa.

The Garden of Lanterns exhibit features a stunning tunnel of lanterns as well as other colourful displays.

The highlight of the exhibit at this year's Winterlude is the tunnel of lanterns in Confederation Park. The NCC has been working closely with the Jinju Namgang Yudeung Lantern Festival to create an impressive 115-foot-long (35-metre) tunnel made up of more than 1,300 lanterns.

"This magnificent exhibit will enable residents and visitors to experience the cultural diversity of the Capital through the presentation of international works of public art," says Guy Laflamme, senior vice-president, Capital Experience and Official Residences at the NCC.

"The NCC is pleased to collaborate with the Jinju Namgang Yudeung Festival, the Jinju Art and Culture Foundation and Jinju City to bring this unique and highly colourful experience to Canadians. This collaboration also serves to highlight the cultural relationship that has united Canada and Korea for many years."

In addition to taking a magical walk through the Tunnel of Lanterns, Winterlude-goers this year can also enjoy the beauty of a number of other whimsical, free-standing lanterns throughout Confederation Park.

As this year marks the 50th anniversary of diplomatic relations with South Korea, an ice sculpture presented by Veterans Affairs Canada that recognizes the Canadian contribution to ending the Korean War six decades ago will also be on display at Confederation Park.

And if you plan on hitting the Rideau Canal for some skating during Winterlude this year, you will have the unique opportunity to skate past six giant lanterns, hung under the Laurier Street Bridge along the Rideau Canal Skateway.

The Garden of Lanterns exhibit runs throughout Winterlude, from Feb. 1-18 at Confederation Park.

Winterlude highlights

For 18 days, Winterlude showcases the best of Canada's outdoors, winter sports, culture, and more. Here is a quick rundown of some highlights:

Marion Dewar Plaza (Ottawa City Hall) is Winterlude's newest official site, and home of the American Express Winterlude Opening Ceremony (Feb 1, 7 p.m.) and musical performances and dance parties each weekend. Enjoy daily skating on the Rink of Dreams and easy access to Confederation Park and the Rideau Canal.

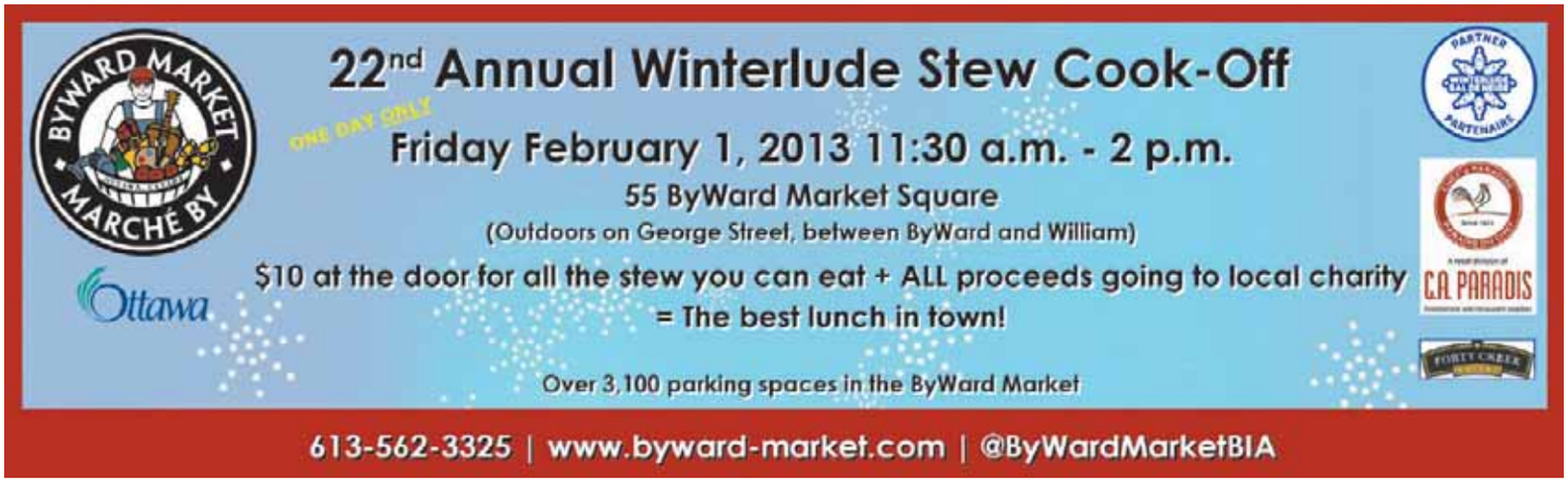
Jacques Cartier Park is transformed once again into the Snowflake Kingdom, home of Winterlude's mascots the Ice Hogs and North America's biggest winter playground.

The Rideau Canal Skateway, the world's largest rink, opens for its 43rd season of daily skating, and annual sports events including the 30th annual Winterlude Triathlon (Feb. 2, 8 a.m.) the 33rd annual Accora Village Bed Race (Feb. 2, 12:30 p.m.) and the fifth annual Beaver Cup Hockey Festival (Feb. 8-10.)

Winterblast Weekend (Feb. 15-17) is Winterlude's all new weekend of programming for ages 13 to 24, featuring a kick-off Friday night with a DJ battle between area high schools, dancing under the stars and sliding after dark at the Snowflake Kingdom.

For full listings and event details, visit winterlude.ca.

STEVE COLLINS


BYWARD MARKET
MARCHÉ BY
22nd Annual Winterlude Stew Cook-Off
ONE DAY ONLY
Friday February 1, 2013 11:30 a.m. - 2 p.m.
55 ByWard Market Square
(Outdoors on George Street, between ByWard and William)
$10 at the door for all the stew you can eat + ALL proceeds going to local charity
= The best lunch in town!
Over 3,100 parking spaces in the ByWard Market
Ottawa
C.A. PARADIS
613-562-3325 | www.byward-market.com | @ByWardMarketBIA

Food and Fashion. Dinner with a twist

STEVE COLLINS
ottawa@metronews.ca

When the menu includes items like The Catwalk, described as "Togarashi-dusted tuna with nitro-smashed pomelo, gelled and raw beets, toasted hazelnut maltoclump, and atomized lemon," you know dinner is going to be a little out of the ordinary.

And that's what's in store at Winterlude's Food and Fashion Evening, which pairs designer Lucian Matis' editorial collection and modern careerwear by Judith & Charles with a five-course meal by Atelier's Marc Lepine.

"The NCC contacted me and asked if I'd be interested in doing this dinner and, of course, I was excited. It's quite an honour to be invited, and so we started brainstorming," said Lepine, who, with his team from Atelier, won the gold medal at last year's Canadian Culinary Championships. "Someone had a vision of our avant-garde style food being paired with fashion, which, by nature, is avant-garde."

Lepine's style, presented with a dash of chemist's wizardry, is often described as molecular gastronomy, though he is cautious about the label.

"Molecular's not really a word that we use," he said. "I don't mind it when people use it to describe us, but I don't know what it means, exactly. We do food that is heavily based on textures and visuals, on presentation, and just multi-components of lots of different things going on a plate.

"We started inspired by the theme of winter itself. That's going to come through in the dessert. It's served on an ice block and everything on it is shades of white. We present it to look like a swirly, snowy winter setting, but with a lot of textures. There's dehydrated bits of lychee-flavoured meringue broken into crumbs. They look like snowy rocks, I guess."

Atelier typically seats about 20 people, and so to feed an expected crowd of 400 or so, Lepine is getting some help from the event venue, the Ottawa Convention Centre and the use of its state-of-the art kitchen.

"They're missing a few little gadgets that we have (at Atelier), but the space and some of the ovens that they have there, yeah, I'm definitely going to be challenged."

Chef Marc Lepine. CONTRIBUTED

Stew that sticks to your ribs

Nobody should skate on an empty stomach, and many Winterlude-goers fuel up for their first day of fun at the ByWard Market Stew Cook-Off, where local restaurants get together to serve up their best in a bowl.

Why stew?

"Well, why not stew?" answers Katherine Solomon of the ByWard Market Business Improvement Area, which organizes the annual event. "It's the middle of winter, it's freezing cold, we need something that's stick-to-your ribs deliciousness."

And with up to 21 Market restaurants offering up their own spin on this quintessential winter meal, there is all manner of deliciousness to choose from.

"There's some fish-based stews, there's game stews, there's completely vegetarian, and Mediterranean-inspired stews, so we run the gamut of what's available," Solomon said.

After stuffing yourself with as much stew as you can eat, it's time to stuff the ballot box for your favourite in the Forty Creek Whisky People's Choice Awards. Social won top honours last year.

Forty Creek's Charlie Warren Whiskey and prominent Ottawa food writers Ron Eade and Gay Cook form this year's celebrity panel for the C.A. Paradis Judges' Choice Awards. Last year, the judges awarded first prize to Tucker's Marketplace.

The Smoque Shack's Adam Kelly, left, grabs a bowl of stew at last year's ByWard Market Stew Cook-Off. CONTRIBUTED

Dig in for $10

- The 22nd annual Winterlude Stew Cook-Off runs Feb. 1 from 11:30 a.m. to 2 p.m. at 55 ByWard Market Square. $10 buys all the stew you can eat and a vote for the winner of the People's Choice Award. For more information, call the Market BIA at 613-562-3325.

The great unknown at Winterlude is always the weather. Solomon is encouraged by the weather forecast so far, but the outdoor cook-off will go ahead in conditions fair or freezing.

"A few years ago we even had freezing rain," Solomon said. "We're encouraging our visitors to come dressed appropriately, but if it's going to be pretty bad then we're going to get a tent and heaters. It'll be nice."

Also remaining nice in all weather is the event's price.

"The really fantastic part of this is that it's $10," Solomon said. "It's been $10 for the past 22 years. We haven't increased the price and all the money goes to charity."

STEVE COLLINS

Carving out a niche with ice sculptures

Ingenious ice sculptures, glittering in the sun by day and brilliantly lit by night, are a Winterlude tradition, and for sculptor Suguru Kanbayashi, a family one, too.

"I started basically because of my father," said the 34-year-old software engineer for Research In Motion. "He was one of the original people who started ice carving in the park. Growing up, I was surrounded by it, and he showed me how to carve when I was a teenager, and I kind of just got hooked on it."

Seventeen years later, the fascination continues, and in addition to lending his talents to Winterlude every year, Kanbayashi has travelled to ice-carving competitions in Alaska, Poland and China.

Winterlude's International Ice Carving Competition this year welcomes teams from at least 10 countries, including France, Russia and Iraq, and Kanbayashi expects to see a lot of familiar faces among them.

"It's a pretty small community of competitive ice carvers in the world," he said. "Like, when I was in China or in Fairbanks, Alaska, I probably knew about half the carvers because I had competed with them in various locations before."

Creativity is a prime ingredient in ice sculptures, but so is heavy lifting.

"We compete in pairs, and that's mostly because lifting blocks and stuff is really hard work," Kanbayashi said. "Each block weighs 300 pounds, and for the Ottawa competition they give us 18 of them. It's a lot of ice to be moving around."

Working outdoors in a medium as transitory as ice means his creations are constantly at the mercy of the elements. Even on the coldest days, exposure to the sun can take a toll on a sculpture.

"What happens is if any ice is left out in the clear sun for too long, basically it starts forming cracks from within and it takes away that kind of transparent look," he said. "And with enough exposure to the sun, the ice can start falling apart.

"It's always an interesting time, but usually we're so focused on the project that we usually put that kind of stuff behind and just carve away."

STEVE COLLINS

SuiteDreams.com
Wonderful Winterlude Specials
Cartier Place
SUITE HOTEL
LOCATION • HOSPITALITY • VALUE
Treat the Family!
WINNER
CERTIFICATE OF EXCELLENCE
2012
tripadvisor
250 Spacious Suites with Kitchens | Romantic Suites with Jacuzzi | Complimentary WiFi | Games Room | Banquet Rooms | Indoor Pool | Fitness Room | Children's Playroom | Residences
180 Cooper Street | PHONE: 613.236.5000 | RESERVATIONS: 1.800.236.8399
Downtown Ottawa between Rideau Canal and trendy Elgin Street | Walking distance to the "Rink of Dreams" and the Ottawa Convention Centre
Pet Friendly

Cheerful and welcoming

STEVE COLLINS
ottawa@metronews.ca

From the cheerful faces at the information kiosk to those costumed as the festival's Ice Hog mascots, some 800 volunteers will brave the weather, the crowds and the unexpected to make Winterlude a success.

"There's a lot of volunteers who've been with us for a really long time and there's some new volunteers this year," said National Capital Commission spokesperson Denise LeBlanc.

"Many, many helpers help to pull off Winterlude, that's for sure."

It all comes together at the NCC's volunteer centre, under manager Chantal Tremblay, who has worked on capital events for 27 years. The volunteers, she said, are a diverse bunch.

"There's lots of people who are working full time, but they come Winterlude to volunteer just to meet people and do something different than they usually do every day," Tremblay said.

"We also have lots of young people because they need to get (volunteer) hours for their school," she added, estimating that half her volunteers are younger than 18.

Whatever their age or background, though, friendliness is a common trait.

"You need to have a nice personality, of course, because if you're going to be in an information kiosk and visitors from everywhere come to you, you need to be very polite and smiley and nice," Tremblay said.

And Tremblay sets the tone, making sure her team is having a good time.

"When I go on-site and see that our volunteers are happy, first of all with what they're doing, and also to be part of this big family, this is a big satisfaction for me," she said. "I'm pretty sure that we're doing something right because, I mean, people are coming back every year, and the return is close to 65, 70 per cent."

Winterlude volunteers are instantly recognizable by their vests and their smiles. CONTRIBUTED

Festival favourites.
The Ice Hog Legend

JEN TRAPLIN
For Metro

Parents of wee ones looking to enjoy Winterlude's winter playground, Snowflake Kingdom, will find a wide variety of entertainment in the Kiddie Zone.

Park co-ordinator Julie Descoteaux says a lot of the activities at Snowflake Kingdom are for grown-ups or older kids, but the Kiddie Zone is strictly for the little guys.

"In that zone, we have play structures, we have little ice blocks that are coloured — it's kind of like a little play area made of ice that looks like Lego," she said.

Descoteaux also says there is a good chance kids in the Kiddie Zone will spot Winterlude's mascots, the Ice Hog Family, who live in Jacques Cartier Park. The lovable mascots have a long history of visiting the Capital region every February.

THE ICE HOG LEGEND

These magical, furry creatures are said to have crossed an ice bridge over the Bering Strait from Russia to Alaska thousands and thousands of years ago, travelling deep into the Far North and what we now call Canada.

As the story goes, the Ice Hogs, members of the ground hog family, stayed hidden for a long time, until more than 30 years ago when they heard about Winterlude — a new winter celebration in Canada's Capital.

Since then, they have been making the trip every year.

While the Ice Hog Family is here, they live in Snowflake Kingdom at Jacques Cartier Park but don't be surprised if you catch them skating on the Rideau Canal Skateway or taking in the other Winterlude sites around the Capital Region.

Kiddie Zone hours

- The Kiddie Zone at Jacques Cartier Park is open Mondays and Thursdays from 9 a.m. to 5 p.m., Fridays and Saturdays from 9 a.m. to 9 p.m., and Sundays from 9 a.m. to 6 p.m. The park is closed on Tuesdays and Wednesdays.

Looking for work?
The YMCA-YWCA can help.
Meet with local employers at the **Employment Access Centre Career Fair** and explore available positions in finance, government and public sector, security, customer service, healthcare, trades, and more.
Career and Community Fair
Thursday, February 7, 2013
1PM–4PM
Employment Access Centre
Taggart Family YMCA-YWCA, 180 Argyle Avenue
RBC Community Room, 2nd Floor
Prior registration not required.
613 788-5001
ymcaywca.ca
EMPLOYMENT ONTARIO
YMCA-YWCA of the National Capital Region

Dried Apricot and Cherry Salsa makes perfect sidekick for turkey

ROSE REISMAN
for more, visit
rosereisman.com

Most supermarkets now sell boneless turkey breast, which is leaner than chicken. A 3 1/2-ounce serving of chicken has about 140 calories and 3 grams of fat, while the same amount of turkey breast has 120 calories and 1 gram of fat!

If you can't find these cutlets, ask your grocer to slice boneless breast into scaloppini. Dusting it with flour keeps the turkey moist and dried fruit salsa is an ideal accompaniment.

Serve the scaloppini over Sweet Potato Mash, with grilled vegetables alongside.

Ingredients

- 4 turkey scaloppini
- 1/4 cup all-purpose flour
- 2 tsp vegetable oil

Salsa

- 1/4 cup chopped dried apricots
- 1/4 cup dried cranberries
- 1 cup diced red bell pepper
- 1/3 cup diced green onions, white part only
- 1 tsp crushed fresh garlic
- 1/4 cup chopped cilantro
- 3 tbsp apricot jam
- 1 tbsp pure maple syrup
- 1 tsp Dijon mustard
- 2 tsp apple cider vinegar or freshly squeezed lemon juice

Garnish

- 3 tbsp chopped cilantro or parsley

1. Dust the turkey with flour. Spray a non-stick grill pan or skillet with cooking oil, add the vegetable oil and heat to medium. Sauté the turkey just until browned on both sides and no longer pink, about 8 minutes in total. Remove from the heat and keep covered.

2. To make the salsa, combine the apricots, cranberries, bell pepper, green onion, garlic, cilantro, jam, maple syrup, mustard and lemon juice.

3. Spoon the salsa over the turkey and garnish with cilantro or parsley. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

Turkey Scaloppini with Apricot and Dried Cherry Salsa

This recipes serves four. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE KITCHEN (WHITECAP BOOKS)

Drink of the Week

Frostbite

A mix of tequila, crème de cacao and blue curacao shaken with milk and garnished with maraschino cherries, this is the type of frostbite you'll want to get.

- 1 oz Jose Cuervo Silver Tequila
- .5 oz White Crème de Cacao
- .5 oz Blue Curacao
- 1 oz milk
- Garnish with cherries

Shake all ingredients with ice in shaker. Strain contents over fresh ice. Garnish with 2 cherries on a sword. Add a cocktail straw and serve.

PHOTO AND RECIPE COURTESY OF FIRKIN PUBS, FIRKINPUBS.COM

Turkey Meatball Grinders: soy residue never tasted so good

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Hoisin is a thick, dark red-to-brown sauce used in Chinese cooking that blends sweet-spicy-savoury flavours, a profile not all that different from ketchup. It is made from the leftover mash of fermented soy beans produced when making traditional soy sauces. That mash is combined with sugar, chilies, garlic, vinegar, salt, sometimes five-spice powder and either flour or cornstarch.

1. Heat oven to 425 F. Coat baking sheet with cooking spray.

2. In bowl, combine egg, cilantro, scallions, garlic, ginger, lime zest, hoisin and 1/2 tablespoon salt. Mix well. Add turkey, then knead well with your hands until evenly mixed. Add the breadcrumbs and mix again. Form mix into 20 balls.

3. In skillet over medium-high, melt 2 tablespoons of butter. Add half of the meatballs and brown on all sides, 5 mins. Transfer to the prepared baking sheet, then repeat with the remaining butter and meatballs.

4. Bake the meatballs for 7 to 8 minutes, or until cooked through and a thermometer inserted at the centre of a meatball reads 165 F.

5. In a small bowl mix the tomatoes, Crème fraîche, hot sauce and 1/2 teaspoon of salt. Spread a quarter of the mixture down the centre of each sub roll. When the meatballs are done, arrange 5 in each roll. Serve.

Ingredients

- 1 egg
- 2 tbsp chopped fresh cilantro
- 2 scallions, finely chopped
- 2 cloves garlic, minced
- 2 tbsp grated fresh ginger
- Zest of 1 lime
- 1/4 cup hoisin
- Salt
- 1 1/3 lbs ground turkey
- 3/4 cup panko (Japanese-style) breadcrumbs
- 4 tbsp butter, divided
- 2 plum tomatoes, diced
- 1/2 cup crème fraîche
- 1 tsp hot sauce
- Four 6-inch sub rolls

THE ASSOCIATED PRESS

The real school of rock can take you around the world and back again

What a prospect!
Dreaming of a post that will let you pursue your passion for travel? Mining may be the field for you

ASHLEIGH TRAHAN
TalentEgg.ca

Dig deep and ask yourself: is this the right career for you? FLICKR / RICK MCCHARLES

As a recruiter, I've searched for professionals to fill roles with clients across the globe, in a wide variety of industries.

One industry has truly stood out in terms of the opportunities it presents to work abroad: mining.

I've encountered mining engineers who have been able to work their way around the world on amazing projects in the most remote corners of the earth.

If you are looking to experience different countries and cultures, you should consider a career in mining!

You can certainly work for the head office of a mining company without leaving the confines of big cities like Toronto, Vancouver and Calgary. But if Bay Street isn't your style, a mining career could be your ticket to adventure in remote, rugged locations both in Canada and abroad.

For example, Canadian mining company Teck Resources has mine sites from the Red Dog zinc-lead mine in northwestern Alaska, to the Quebrada Blanca mine in northern Chile. Goldcorp's largest operation is their Red Lake site in northern Ontario, but their operations also span to multiple sites in Mexico, if you prefer sun over snowshoes.

Up for an adventure?

"Canadian mining company Teck Resources has mine sites from the Red Dog zinc-lead mine in northwestern Alaska, to the Quebrada Blanca mine in northern Chile."
Ashleigh Trahan

As you may suspect, mining companies often hire young professionals with backgrounds in engineering and geology, but those are not the only opportunities to make a career in the industry.

Long before mines are producing tons of precious metals per day, there are thousands of workers required to create the budgets, do the legal legwork and bring the mine into production.

Often, mining companies will hire surveyors, engineers and geologists for a few years to support the design and build of a mine, and then they'll move on to a different project.

These lucky folks get to travel around the world and spend a few years in Australia before moving onto their next project in Panama. When the mine is actually operational, all sorts of support staff to keep the mine operations running smoothly — health and safety experts, information technology professionals, and skilled trades, to name a few.

So, even if you're looking to launch a career in human resources, for example, there are opportunities for you in the mining industry.

Working in remote locations and new countries may present challenges that working in a cubicle may not (like being a few hundred kilometres from the nearest Starbucks), it also provides the opportunity to be exposed to new cultures while gaining experience in an exciting and innovative industry.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Here's the drill

How does one land an overseas job in mining?

- Research mining companies on TalentEgg. Many Canadian mining companies offer new grad programs that allow for rotations across the country and internationally, so do some research on which new grad programs would be best for you and apply!
- If you want to track down information on where in the world you could work, a quick search will help you dig up all sorts of mining knowledge. Interested in surface mines, or would you prefer underground? You can find out which specific types of mine operations are out there, where they're located and who owns them.

Once you've done all your research, updated your passport and applied to jobs that are of interest to you in your choice exotic locale, here are some things to keep in mind while you're trying to land your overseas job:

- Getting a job in Canada can sometimes take weeks or months, so expect that an overseas job will take longer. Time zone differences can make scheduling interviews a real challenge. Be accommodating with your recruiting contacts.
- Recognize that arranging visas, travel plans and living arrangements can take plenty of time and mountains paperwork. Be patient and use this time to plan for all your exciting overseas adventures!

Have you become addicted to prescription medication?

Drug & Alcohol Helpline
1-800-565-8603
www.DrugAndAlcoholHelpline.ca
Search for: Drug and Alcohol Helpline on Facebook or @ConnexOntario on Twitter

Ontario

Student voice

Don't delay the discovery of your potential

Rainee Nelson
Student
Professional Writing
Algonquin College

TalentEgg.ca

Rainee Nelson isn't giving up on her job search. PROVIDED

When I finished high school last summer, I was planning to go to post-secondary school the next winter and I thought everything would be fine.

My plan for the summer was to spend as much time with my friends as possible, because they were going off to university in the fall and I also was searching for a job. When September came around and all my friends headed off to university, it was lonely, but I needed to continue with my job search.

Due to my indecisiveness, I chose not to pursue the program I registered for and opted for taking a year off to work. So I started up my job search again. I sat down at the computer and just Googled all the stores and companies I could think of and just sent them my resumé.

I got two interviews, one I thought went pretty well and the other, not so much. I've gotten emails back saying they'll look at my profile/resumé and they'll be in touch, but no one got in touch.

After a while, I felt like no one had seen my resumé or even cared to look because I didn't have much experience.

Well, how can I gain experience if no one would give me a chance? But I kept looking and I'm still looking. I'm not sure if it's my resumé or my interview skills (even though I've only been in two my whole life) but, who knows. Practice makes perfect.

What I'm doing now

Right now I'm still currently looking for a job and I'm considering doing some internship work. Maybe that could add to my experience.

My recommendations for employers, career centres and schools

I haven't had enough experience to give a recommendation, but from the last interview I had I would say to the employers: make the interviewee as comfortable as possible. How are you going to get to know someone and see if they are up for the job if you can see them fumbling over their words, constantly moving around and downright being a nervous wreck? Making someone else feel comfortable as well will make the whole interview process a lot easier, I believe.

My advice for other students and recent graduates

My advice would be don't leave it to the last minute. Do your research, have someone look over your resumé and just go for it. If you truly want something, take risks and see what happens. Don't be lazy or procrastinate or you'll end up in the same position as I am.

TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE.

Success is mine, all mine

You just struck gold. Now is the optimal time to explore career opportunities in the mining industry

CHRISTINA PELLEGRINI
TalentEgg.ca

Women now make up 18.6 per cent of the Canadian mining workforce, according to a 2011 Carleton University report. ISTOCK

A shortage of talent threatens to delay, downsize and even cancel mining projects around the world.

In Canada, where 40 per cent of the mining workforce is set to retire within the next 10 years, finding and hiring a skilled worker is like striking gold.

That's good news for ambitious entry-level workers hoping to climb up the corporate ladder, says Andrew Pollard, president of Vancouver-based executive search firm The Mining Recruitment Group.

This includes people in scientific roles like geologists and engineers, those responsible for operational functions like equipment operators and tradespeople, and traditional support staff like analysts and lawyers.

As a recent grad, you can set yourself apart from your co-workers and become a leader in your organization by doing these three things during your first five years:

Be really good at what you were hired to do

"If you were hired as a geologist, being a good geologist should be your main focus," Pollard says.

Before you think about promotions and career advancement, it's important to show your boss that you're committed to excelling in your current role.

Diversify your skills

Once you get a handle on your primary function, Pollard recommends that you become familiar with other aspects of the mining business.

"Look for opportunities beyond your job title in investor relations or as a company spokesperson at conferences and tradeshows," he says.

One of the ways mining workers can diversify their skills is by enrolling in the Canadian Securities Course. On the other hand, workers who lack technical skills could consider enrolling in a mining-related training program.

Look for a mentor and be open to being mentored

"Find someone who really likes mentoring people and soak up as much information as you can," Pollard says.

The same goes if you're in an operational or supporting role. Reach out to someone you admire, who is accessible and whose leadership style you want to emulate.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

GET CAREER READY
IN LESS THAN ONE YEAR!

CLASSES STARTING MONTHLY

DIPLOMA PROGRAMS IN:
BUSINESS
Accounting and Payroll Administrator
Legal Assistant - NEW PROGRAM
Paralegal
Travel Counsellor Online

ALGONQUIN CAREERS ACADEMY
1830 Bank Street 613-722-7811 www.algonquinacademy.com

CAREER TRAINING
Become a Medical Laboratory Assistant/Technician*

Everest
COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

Graduate in 9 months and pursue employment in:
• A physician's office or clinic
• A private diagnostic testing laboratory

Career Assessment Day!
Wednesday, Jan. 30 11 a.m. – 2 p.m.
Free Resume Reviews
Call 613-721-8555 to RSVP
Only at the Ottawa West campus.

Call Now!
1-866-622-8264
Apply online at www.EverestCanHelp.ca

OTTAWA EAST
OTTAWA WEST
16 Convenient Locations in Ontario

Everest College is the largest private career college in Ontario with more than 9,000 enrolments annually.

*Graduates are eligible to write the OSMT certification examination. Career services assistance available to graduates. Financial assistance may be available for those who qualify. Morning and afternoon classes available. Evening classes vary by campus. Programs and schedules vary by campus.

What to do when the kids bounce back

Mommy, I'm home!
Those dreams of hitting it big in the job world have yet to work out, so Junior's returning to the roost

Boomerang boom?

- According to the 2011 Statistics Canada census, 42.3 per cent of young adults aged 20 to 29 were living with their parents.

Doesn't it figure? Just when you thought it was safe to sneak off into retirement, your 20-something-year-old baby has returned home to reclaim his teenage bedroom in the basement.

"It's OK, it'll only be for a few months," your child tells you as he brushes by with a few boxes and mismatched furniture in tow.

Of course you're happy to have your kid home, but you may have underestimated the impact a child's return can have on the family and your finances, especially if he's between jobs.

If the length of your child's return stay is indefinite, make sure to reconvene every month or so to discuss his plan of action. ISTOCK

There's no question that the cost of running your household will go up and a certain amount of your freedom will be lost.

To avoid any misunderstandings or unpleasant surprises, it's important to first clarify the rules of the house.

Discuss the use of common areas and shared resources like TV and laundry, as well as meal times. You also need to broach the delicate issue of guests who might drop in.

Some families even go so far as to sign a contract.

Whatever form your agreement takes, it's important to define the following conditions with your child:

Length of stay

In most cases, children move back home due to unforeseen events. Your child will tell you it's only temporary, so agree to review the situation at regular intervals.

Rent

You could ask your child to pay for room and board (i.e. their share of the rent, groceries, hydro, internet, etc.). Or it could be a nominal amount based on what he can afford.

Or you could give him the option to pay his way by helping out around the house. All this allows boomeranging children to maintain a certain level of responsibility and pride.

Savings

If it turns out that you don't really need the added income, consider investing it for your child to help him get back on his feet.

During this period of transition, make sure you stay on top of any changes in your finances.

If things look like they're shifting too much, don't hesitate to talk to your financial advisor. NEWS CANADA

CAREER FINDER

Read metro your money every Tuesday for financial tips, trends and advice.

Only in Metro.
News worth sharing.

Become a Health Professional
Earn Your Degree Now
• Osteopathy (BSc & DO)
• Athletic Therapy (MSc)
• MBA in Health Care
• Tuition $3000 per year
• Scholarships for unemployed
Visit us online at www.numss.com

INTENSIVE FRENCH
AS A SECOND LANGUAGE IN OTTAWA
Improve your performance in a work environment with our French as a Second Language courses!
Our 10 week courses consist of 60 hours of interactive grammar, conversation classes, and socio-cultural community visits. During those 10 weeks, you'll spend:
• 3 hours a week on campus improving your grammatical skills
• 2-3 hours a week in conversation classes
• 1 hour a week of virtual assistance
• 8 hours of socio-cultural community activities
NOW ENROLLING!
To register or request information, please email mhill@lacitec.on.ca
la cité collégiale
Le Collège des meilleures pratiques

BECOME A DENTAL HYGIENIST
EARN YOUR DIPLOMA IN JUST 18 MONTHS
Accredited by CDAC
CNIH
Canadian National Institute of Health
SEATS STILL AVAILABLE FOR APRIL 2013
REGISTER NOW!
1 866 726 (CNIH) 2644 • www.cnih.ca

MLB

A-Rod says latest PED accusations 'not true'

Alex Rodriguez denied a newspaper report that accused him of buying human growth hormone and other performance-enhancing substances from a Miami-area clinic.

The Miami New Times, an alternative weekly, reported Tuesday it had obtained records detailing purchases by Rodriguez and Toronto outfielder Melky Cabrera, among other baseball players, from a clinic run by Anthony Bosch.

Rodriguez admitted four years ago that he used PEDs from 2001 to 2003.

"The news report about a purported relationship between Alex Rodriguez and Anthony Bosch are not true," Rodriguez said in a statement issued by a publicist. THE ASSOCIATED PRESS

X Games

Family doubtful of snowmobiler's survival after crash

Snowmobiler Caleb Moore was in critical condition Tuesday in a Colorado hospital after a dramatic crash at the X Games.

Moore was performing a flip Thursday when he clipped the top of a jump and went over the handlebars and landed face first into the snow. The snowmobile rolled over him, but he walked off with help and went to a hospital with a concussion. Moore later developed bleeding around his heart

"Caleb is not doing good at all," Caleb's grandfather Charles Moore told The Denver Post. "The prognosis is not good at all. It's almost certain he's not going to make it."

THE ASSOCIATED PRESS

Senators goaltender Craig Anderson makes a save on Washington Capital's Nicklas Backstrom on Tuesday at Scotiabank Place. Go to metronews.ca for coverage.
SEAN KILPATRICK/THE CANADIAN PRESS

Early signs good for Sens' playoff chances

THE HOCKEY NEWS
Murray Pam
ottawa@metronews.ca

Dynamic D-man

"Returning Norris Trophy winner Erik Karlsson is playing like he is intent on repeating his feat."

After much-ballyhooed success last season, Senators players and fans alike are wondering what the team can do for an encore. One thing is for certain, Paul MacLean's club will not be blind-siding anyone in this shortened campaign. However, there are several tell-tale signs that the Senators are priming themselves for another post-season berth already:

History is on their side. When the Senators are victorious in at least three of the first six games to open a season, you may as well punch their ticket to Lord Stanley's Dance. The club has an astonishing 100 per cent success rate when this occurs, having accomplished this nine times. And the Senators have done just that in the early going.

Special teams are very special. There is an old adage in hockey that when your power play and penalty-kill rankings total 20 or less, you are a lock to be a contender. Such is the case with the Senators as Week 2 gets underway. The team has the NHL's ninth-ranked PP, which was running at a 26.7 per cent clip going into Tuesday night. Meanwhile, their PK was holding on to the sixth spot at 87 per cent. There is room for improvement on the power play as the Senators haven't had much of a chance to perform it in games. Their 15 attempts before facing the Capitals ranked last in the NHL.

The defence rests. Much fuss was made when stalwart Jared Cowen went down to season-ending hip surgery and newcomer Mike Lundin fractured his thumb playing in Sweden during the lockout. However, the Binghamton trifecta of minor-league vet Andre Benoit, heavy-hitter Mark Borowiecki and the surprising Patrick Wiercioch have fit in seamlessly; all three are plus-players. GM Bryan Murray has hung up his phone for the time being. Not to mention that returning Norris Trophy winner Erik Karlsson is playing like he is intent on repeating his feat.

"Andy" is dandy. Many questioned MacLean's early decision of anointing Craig Anderson as the Senators' No. 1 netminder, especially with the AHL's top back-stop Robin Lehner knocking on the door. But Anderson has silenced all of his detractors with the hottest start of his career. The Illinois native led all goalies with a miniscule 0.75 goals-against average and .975 save percentage through four games.

It remains to be seen if these signs hold true. However, Sens fans would love nothing more.

Desjardins to GM Ottawa's CFL club: Source

Marcel Desjardins is getting a second shot at being a CFL general manager.

A CFL source requesting anonymity said Ottawa Sports and Entertainment Group will name Desjardins the new GM of the city's CFL expansion franchise.

The announcement will be made Wednesday at a news conference.

Desjardins, a native of Burlington, Ont., has spent the last four seasons as the Montreal Alouettes assistant general manager. Desjardins was the GM of the Hamilton Tiger-Cats in 2007 before returning to Montreal.

Overall, Desjardins has spent nine seasons as the assistant to Alouettes general manager Jim Popp.

Desjardins has been mentioned as a leading candidate for Ottawa's GM post for roughly the last eight months.

It's the second significant blow this off-season to the Alouettes football operations department. Earlier this month, head coach Marc Trestman left Montreal to become head coach of the NFL's Chicago Bears.

Desjardins also spent time working in the CFL's head office in Toronto from 1994 to '99.

THE CANADIAN PRESS

Rough riding ahead?

The Ottawa franchise is slated to begin play in 2014 and Marcel Desjardins will have plenty of work ahead of him.

- Ottawa will select four NCAA underclassmen in this year's CFL draft before participating in December in a three-round expansion draft of players made available from the existing eight clubs. Then in 2014, the club will take part in the league's Canadian college draft.

Marcel Desjardins was last a general manager with the Hamilton Tiger-Cats in 2007 before returning to Montreal to assist Alouettes GM Jim Popp.
NATHAN DENETTE/THE CANADIAN PRESS FILE

San Francisco 49ers defensive tackle Will Tukuafu flexes his muscles with reporter Karim Mendiburu during media day for Super Bowl XLVII Tuesday in New Orleans. The San Francisco 49ers will take on the Baltimore Ravens on Sunday at the Mercedes-Benz Superdome. DAVID J. PHILLIP/THE ASSOCIATED PRESS

Veteran receivers will have second shot at title ring

Super Bowl media day. Niners' Moss and Ravens' Boldin both trying to put tough championship losses behind them

Randy Moss used to be a star. Now, he's just an afterthought with the San Francisco 49ers.

It's a role he's still struggling to accept.

Moss spent much of his career as one of the NFL's top receivers. During Super Bowl media day on Tuesday, he called himself "the greatest receiver ever to do it." That's a claim sure to be debated in NFL circles.

One thing is certain: the 35-year-old Moss is no longer an elite receiver. This season with the 49ers he caught just 28 passes for 434 yards and three touchdowns.

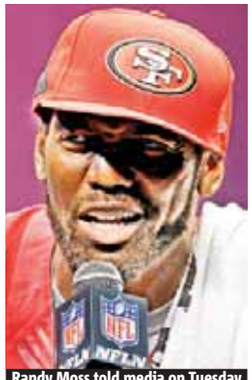
While Moss says he "doesn't understand" being a blocker and a decoy, he's willing to accept his new status if that's what it takes to win his first Super Bowl.

On the other side of the field will be Anquan Boldin, who wants to be known as more than simply a tough receiver.

The 32-year-old, a key player in Baltimore's charge to the Super Bowl, isn't afraid to cut across the field. He can shrug off a hard hit, and also is an aggressive downfield blocker.

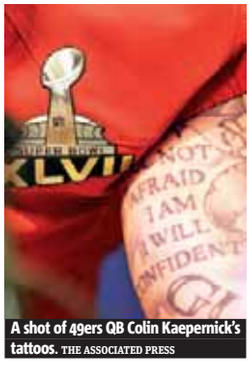
Asked Tuesday if he appreciates his reputation as one of the toughest receivers in the league, Boldin replied, "I look at it as, I'm a football player. Not so much a receiver."

Oh, but the man can catch the ball. He's scored three touchdowns in three playoff games, and now he's hoping for a Super Bowl ring after coming up short in 2008 with Arizona.

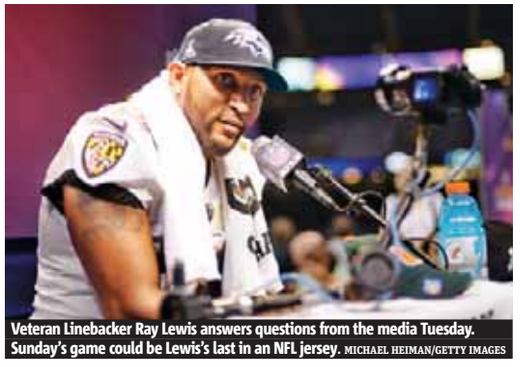


Randy Moss told media on Tuesday that he is the "greatest receiver ever" to play in the NFL. DAVID J. PHILLIP/THE ASSOCIATED PRESS

Moss also came up short just a year earlier after the 2007 season, when the New England Patriots lost to the New York Giants after an undefeated season. THE ASSOCIATED PRESS



A shot of 49ers QB Colin Kaepernick's tattoos. THE ASSOCIATED PRESS



Veteran Linebacker Ray Lewis answers questions from the media Tuesday. Sunday's game could be Lewis's last in an NFL jersey. MICHAEL HEIMAN/GETTY IMAGES

Subban deal gets chilly response from teammates

It wasn't exactly smiles and high fives in the Montreal Canadiens dressing room on Tuesday with the news that P.K. Subban's contract dispute had finally ended.

In fact, the mood was surprisingly chilly from a team that started the shortened NHL season 3-1-0 without their top defenceman from last season.

Subban signed a two-year $5.75-million US contract Monday night and will rejoin the club Wednesday in Ottawa.

Veteran rearguard Andrei Markov refused to talk about it, saying "He's not in the room yet, so let's talk about it when he's going to be in the room."

Quoted

"I've never had to deal with a holdout situation, a guy coming in late, so we'll take it in stride."

Habs defenceman Josh Gorges on P.K. Subban

And Josh Gorges, Subban's regular defence partner, steered around questions.

"To be honest, I'm glad that we don't have to talk about it anymore," said Gorges. "It's a non-issue now and we can focus on getting ready to play the games without anything else to think about."

Asked if he was glad to have Subban back, Gorges said: "It's good that it's over and done with and it's settled. We don't have to have these talks in the morning of what-if-this and what-if-that."

Often, when a player signs a contract, there are a flood of congratulatory tweets, but this time there were only a couple from players who were not on the Canadiens last season.

After inking his deal, the 23-year-old Subban said he couldn't wait to "reintegrate" with the team.

But it appears he has some work to do with his teammates, even if general manager Marc Bergevin and coach Michel Therrien said they were delighted to have the talented rearguard back in the fold.

Subban remains one of the team's most popular players with fans. THE CANADIAN PRESS

P.K. Subban takes a breather during a skate at the Mastercard Centre for Hockey Excellence in Toronto on Jan. 9. STEVE RUSSELL/TORSTAR NEWS SERVICE

NOW OPEN
Perseverance Taekwon-Do
18 Cleopatra Drive
(south of Merivale and Hunt Club)
613-695-2695
perseverancetkd.com
JUST KICKING IT!
OPENING SPECIAL!
3 MONTHS OF TRAINING WITH UNIFORM ONLY $99 +HST
Taekwon-Do is the perfect way to:
• Learn a great martial art
• Get and stay in shape
• Improve your focus, self-esteem, confidence & health
• Beginner's classes for all ages
• Families welcome
facebook

Canadians Milos Raonic, left, and Daniel Nestor speak to members of the media on Tuesday in Vancouver.
JONATHAN HAYWARD/THE CANADIAN

Spanish game not rubbing off on Raonic

Davis Cup. Canadian tennis player trains in Barcelona with Spanish coach, but isn't going to bring finesse game

Milos Raonic will try to use a little Spanish insight to help Canada beat Spain in Davis Cup action this weekend.

Canada's top-ranked men's singles tennis player uses Barcelona as his training base and deploys an exclusively Spanish coach. But Raonic does not expect to play like the opponents that he will face on the court in the first-round tie.

"I don't think you'll see too much Spanish tennis in me," said Raonic, known for his powerful serve and success on hardcourt — the surface that will be used at the UBC venue where the event is being held.

"But it's given me a lot of insight into the type of work that is necessary (to excel.) It's provided me with a team that I believe in, that trains with me all-year round."

Raonic has risen from 156th to as high as 13th in the world rankings in the past two years. Now ranked 15th, he employs former Spanish pro Galo Blanco as his personal coach, who is known for his demanding ways and gruelling training techniques.

Raonic also utilizes the services of a Spanish physical trainer and physiotherapist.

"I like the (Spanish) mentality and the competition that they provide in a training base," said Raonic.

By training in the off-season in Spain, the 22-year-old Thornhill, Ont., native can get away from the distractions and responsibilities related to his stardom at home in Canada.

"When I'm there, all I do is train and do what I need to do to get better," he said.

His Spanish insight will be needed as underdog Canada battles a Spain squad that has captured five Davis Cup titles, including three in the past five years, and was upset by the Czech Republic in the 2012 final.

Raonic rates as the top-ranked singles player in the best-of-five tie that runs from Friday to Sunday.

Spain will be without four of its highest-ranked players — David Ferrer (fourth), Rafael Nadal (fifth), Nicolas Almagro (11th) and Fernando Verdasco (24th) — this weekend.

THE CANADIAN PRESS

Going with youth

Spain captain Alex Corretja said the favoured Spaniards will still impress in the hostile confines in Vancouver.

- They'll represented by Davis Cup rookies Albert Ramos (51st) and Guillermo Garcia-Lopez (82nd) and doubles partners Marcel Granollers and Marc Lopez. Corretja declined to say which player will be the key singles player.

NBA

Al says no thanks to Mavs' comeback proposal

Allen Iverson is taking a pass on the D-League.

Iverson, the 2001 NBA MVP, has turned down an opportunity to return to basketball with the Dallas Mavericks' Development League affiliate. He posted a series of tweets on Tuesday explaining his decision to decline an offer from Texas Legends' co-owner Donnie Nelson to join the team.

Allen Iverson at an October 2011 news conference GETTY IMAGES FILE

"I thank Donnie and Dallas for the consideration," Iverson wrote, "And while I think the D-League is a great opportunity, it is not the route for me."

Gary Moore, Iverson's manager, confirmed the decision with The Associated Press. Iverson was not available for an interview.

Moore was in Philadelphia visiting with Sixers owner Josh Harris and CEO Adam Aron about reconnecting Iverson with the 76ers. Iverson led the Sixers to the 2001 NBA finals and is firmly cemented as one of the franchise's all-time great players. He is the franchise leader in 40-point games (76), three-pointers (885), and is second behind Hal Greer in points (19,931). He had two stints with the Sixers and last played for them in 2009-10.

THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
New Jersey	4	3	0	1	11	7	7
Pittsburgh	5	3	2	0	15	14	6
NY Islanders	5	2	2	1	18	18	5
NY Rangers	5	2	3	0	14	16	4
Philadelphia	6	2	4	0	13	18	4

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	5	4	0	1	17	11	9
Ottawa	5	3	1	1	16	10	7
Montreal	4	3	1	0	13	7	6
Buffalo	5	2	3	0	13	15	4
Toronto	5	2	3	0	14	17	4

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	5	4	1	0	24	13	8
Winnipeg	5	3	1	1	15	14	7
Carolina	5	2	3	0	14	18	4
Washington	5	1	3	1	11	19	3
Florida	5	1	4	0	8	19	2

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	6	6	0	0	22	13	12
St. Louis	6	5	1	0	24	13	10
Detroit	5	2	2	1	11	16	5
Columbus	6	2	3	1	11	19	5
Nashville	6	1	2	3	10	18	5

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Edmonton	5	3	2	0	15	14	6
Vancouver	6	2	2	2	16	19	6
Minnesota	5	2	2	1	13	15	5
Colorado	5	2	3	0	10	13	4
Calgary	4	1	2	1	11	15	3

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	5	5	0	0	23	8	10
Anaheim	4	3	1	0	15	14	6
Los Angeles	5	2	2	1	11	14	5
Dallas	6	2	3	1	12	14	5
Phoenix	6	2	4	0	21	20	4

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

Tuesday's results
New Jersey at Boston
Philadelphia at NY Rangers
Toronto at Buffalo
Winnipeg at Montreal
Washington at Ottawa
Dallas at Detroit
NY Islanders at Pittsburgh
Florida at Tampa Bay
Columbus at Minnesota
Anaheim at San Jose
Monday's results
Boston 5 Carolina 3
Columbus 2 Dallas 1
Phoenix 4 Nashville 0
Edmonton 4 Colorado 1
Los Angeles 3 Vancouver 2 (SO)
Wednesday's games — All Times Eastern
Montreal at Ottawa, 7 p.m.
Chicago at Minnesota, 8 p.m.
Edmonton at Phoenix, 9:30 p.m.
Colorado at Vancouver, 10 p.m.
Thursday's games
Washington at Toronto, 7 p.m.
Pittsburgh at NY Rangers, 7 p.m.
NY Islanders at New Jersey, 7 p.m.
Buffalo at Boston, 7 p.m.
St. Louis at Columbus, 7 p.m.
Winnipeg at Florida, 7:30 p.m.
Colorado at Calgary, 9 p.m.
Nashville at Los Angeles, 10:30 p.m.
Edmonton at San Jose, 10:30 p.m.

NHL SCORING LEADERS

	G	A	Pt
Marleau, SJ	9	4	13
Thornton, SJ	3	10	13
St. Louis, TBL	3	8	11
Stamkos, TBL	3	7	10
Pavelski, SJ	2	8	10
Parise, Min	5	4	9
Vanek, Buf	3	6	9
Kane, Chi	2	7	9
Gaborik, NYR	5	3	8
Hossa, Chi	5	3	8
Tarasenko, STL	4	4	8
Pominville, Buf	3	5	8
Couture, SJ	3	5	8
Shattenkirk, STL	0	8	8
Conacher, TBL	2	5	7
Hall, Edm	1	6	7
Purcell, TBL	1	6	7
Tavares, NYI	1	6	7
Pietrangelo, STL	1	6	7
Winnik, Ana	5	1	6
Heatley, Min	4	2	6
Staal, Car	4	2	6
Kane, Win	3	3	6
Toews, Chi	3	3	6
Byfuglien, Win	3	3	6

Not including last night's games

NFL

SUPER BOWL XLVII

Sunday, Feb. 3 At New Orleans, La.
Baltimore vs. San Francisco, 6 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	28	13	.683	—
New York	27	15	.643	1½
Chicago	27	17	.614	2½
Brooklyn	27	18	.600	3
Indiana	26	19	.578	4
Atlanta	25	19	.568	4½
Milwaukee	23	19	.548	5½
Boston	21	23	.477	8½
Philadelphia	18	26	.409	11½
Detroit	17	27	.386	12½
Toronto	**16**	**29**	**.356**	**14**
Orlando	14	30	.318	15½
Cleveland	13	33	.283	17½
Washington	11	32	.256	18
Charlotte	11	33	.250	18½

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	36	11	.766	—
Oklahoma City	34	11	.756	1
L.A. Clippers	33	13	.717	2½
Memphis	29	15	.659	5½
Golden State	28	17	.622	7
Denver	28	18	.609	7½
Utah	24	21	.533	11
Houston	25	22	.532	11
Portland	22	22	.500	12½
L.A. Lakers	19	25	.432	15½
Dallas	19	25	.432	15½
Minnesota	17	24	.415	16
Sacramento	17	29	.370	18½
New Orleans	15	29	.341	19½
Phoenix	15	30	.333	20

Note: division leaders ranked in top three positions regardless of winning percentage.

Tuesday's results
Golden State 108 Cleveland 95
Milwaukee at Detroit
Dallas at Portland
New Orleans at L.A. Lakers
Monday's results
Memphis 103 Philadelphia 100
Golden State 114 **Toronto 102**
Sacramento 96 Washington 94
Brooklyn 97 Orlando 77
Chicago 93 Charlotte 85
Denver 102 Indiana 101
Houston 125 Utah 80
Wednesday's games — All Times Eastern
Washington at Philadelphia, 7 p.m.
Detroit at Indiana, 7 p.m.
Sacramento at Boston, 7:30 p.m.
Orlando at New York, 7:30 p.m.
Toronto at Atlanta, 7:30 p.m.
Miami at Brooklyn, 8 p.m.
L.A. Clippers at Minnesota, 8 p.m.
Chicago at Milwaukee, 8 p.m.
Charlotte at San Antonio, 8:30 p.m.
Houston at Denver, 9 p.m.
New Orleans at Utah, 9 p.m.
L.A. Lakers at Phoenix, 10:30 p.m.

THE

F1RST

BIG DEAL EVENT

2013 Dodge Grand Caravan Crew shown.[§]

IF YOU'RE LOOKING FOR A GREAT OFFER ON A NEW VEHICLE, START HERE F1RST.

2013 DODGE GRAND CARAVAN CANADA VALUE PACKAGE

CANADA'S BEST SELLING MINIVAN FOR 29 YEARS

$19,995•

PURCHASE PRICE INCLUDES $8,100 CONSUMER CASH;* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

2013 IIHS TOP SAFETY PICK

OR CHOOSE

$115 BI-WEEKLY FINANCING† @ **4.49%** FOR 96 MONTHS WITH $0 DOWN

36 MPG HWY

7.9 L/100 KM HWY¤

42 MPG HWY¤
283 HP

2013 Chrysler 200 Limited shown.[§]

38 MPG HWY

7.5 L/100 KM HWY¤

2012 Dodge Journey SXT shown.[§]

2013 CHRYSLER 200 LX

CANADA'S MOST AFFORDABLE MID-SIZE SEDAN±

$16,995•

PURCHASE PRICE INCLUDES $3,600 CONSUMER CASH;* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

OR CHOOSE

$97 BI-WEEKLY FINANCING† @ **4.49%** FOR 96 MONTHS WITH $0 DOWN

2013 IIHS TOP SAFETY PICK (4-door models)

2012 DODGE JOURNEY CANADA VALUE PACKAGE

CANADA'S #1 SELLING CROSSOVER^

$19,995•

PURCHASE PRICE INCLUDES $2,000 CONSUMER CASH;* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

OR CHOOSE

$115 BI-WEEKLY FINANCING† @ **4.49%** FOR 96 MONTHS WITH $0 DOWN

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

LESS FUEL. MORE POWER. GREAT VALUE.

10 VEHICLES WITH 40 MPG HWY OR BETTER.

CHRYSLER Jeep DODGE RAM

ChryslerCanada.ca/Offers

Less Fuel. More Power. Great Value is a comparison between the 2013/2012 and the 2012/2011 Chrysler Canada product lineups as applicable. 40 MPG or greater claim (7.0 L/100 km) based on 2012/2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. ¤2013 Dodge Grand Caravan Canada Value Package – Hwy: 7.9 L/100 km (36 MPG) and City: 12.2 L/100 km (23 MPG). 2013 Chrysler 200 LX 2.4 L 4-speed automatic – Hwy: 6.7 L/100 km (42 MPG) and City: 9.9 L/100 km (29 MPG). 2012 Dodge Journey Canada Value Package & SE Plus 2.4 L 4-speed automatic – Hwy: 7.5 L/100 km and City: 10.8 L/100 km. 2012 Dodge Journey SXT 3.6 L 6-speed automatic – Hwy: 7.8 L/100 km and City: 12.6 L/100 km. Wise customers read the fine print: •, *, †, § The First Big Deal Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after January 8, 2013. Offers subject to change and may be extended without notice. All pricing includes freight ($1,400–$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. •$19,995 Purchase Price applies to the new 2013 Dodge Grand Caravan Canada Value Package (29E) and includes $8,100 Consumer Cash Discount. $16,995 Purchase Price applies to the new 2013 Chrysler 200 LX (24H) only and includes $3,600 Consumer Cash Discount. $19,995 Purchase Price applies to the 2012 Dodge Journey Canada Value Package (22F) only and includes $2,000 Consumer Cash Discount. *Consumer Cash Discounts are offered on select 2012/2013 vehicles and are deducted from the negotiated price before taxes. †4.49% purchase financing for up to 96 months available on the new 2013 Dodge Grand Caravan Canada Value Package (29E)/2013 Chrysler 200 LX (24H)/2012 Dodge Journey Canada Value Package (22F) models to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Auto Finance and Ally Credit Canada. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Examples: 2013 Dodge Grand Caravan Canada Value Package (29E)/2013 Chrysler 200 LX (24H)/2012 Dodge Journey Canada Value Package (22F) with a Purchase Price of $19,995/$16,995/$19,995 (including Consumer Cash Discount) financed at 4.49% over 96 months with $0 down payment, equals 208 bi-weekly payments of $115/$97/$115 with a cost of borrowing of $3,843/$3,266/$3,843 and a total obligation of $23,837.61/$20,261.08/$23,837.61. §2013 Dodge Grand Caravan Crew shown. Price including applicable Consumer Cash Discount and Bonus Cash: $27,940. 2013 Chrysler 200 Limited shown. Price including applicable Consumer Cash Discount: $24,890. 2012 Dodge Journey SXT shown. Price including applicable Consumer Cash Discount: $25,530. ±Based on 2012 *Ward's* upper middle sedan segmentation. ^Based on R. L. Polk Canada, Inc. May 2008 to August 2012 Canadian Total New Vehicle Registration data for Chrysler Crossover Segments. Start date based on the marketing launch commencing May 2008. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC.

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

2013 Buick Verano Turbo

ALL PHOTOS WHEELBASE

Fuel economy

Fuel economy with the manual gearbox is 10.2 l/100 km in the city and 6.3 on the highway (10.1/6.6 for the automatic), numbers that differ only slightly from the base Verano's 9.9/6.2 rating. To handle the power, the Turbo receives a unique steering calibration and a suspension that's 20 per cent firmer.

The engine is a two litre with 250 hp.

2013 Buick Verano Turbo

- **Type.** Four-door entry-luxury compact sedan
- **Engine (hp).** 2.0-litre DOHC I4 (250)
- **Transmission.** Six-speed automatic; six-speed manual
- **Base price (incl.destination).** $32,400

Engine

Enter the Verano Turbo that puts out 250 horsepower from its 2.0-litre four-cylinder. More importantly, the engine makes 260 pound-feet of torque, with 90 per cent of it available from between 1,750 and 5,500 revs per minute. That's only 20 horses and 10 pound-feet shy of the larger (and heavier) Buick Regal GS.

Power

Buick claims the Turbo will accelerate to 60 m.p.h. (96 km/h) from rest in slightly more than six seconds, which is right in line with comparable premium brands from Audi and BMW that Buick holds up as performance benchmarks. It's also half a second quicker than the 270-horsepower Regal GS.

Review. Dressed for the ball but wearing sneakers ... fast sneakers

MALCOLM GUNN
Wheelbase Media

Buick's grand plan is in full swing and it appears to be actually working.

Just what is the plan, you ask? Well, it involves downsizing the line and injecting it with more style and less mass. And baptizing all models in a fountain of youth.

They also run on smaller, fuel-frugal power plants that offer as much as or greater performance than previous models. The plan includes enhancing the luxury-car experience to match or exceed the premium import brands.

The Lacrosse and Regal already fall into this strategy, as does the Verano, which was new for 2012. However for the 2013 model year the smallest Buick sedan is literally stepping up the pace with an optional — and significantly more powerful — turbo-charged model.

The sense here is that Buick needed to add some premium power for the Verano to be considered in the same sport-sedan league as BMW, Audi and Mercedes-Benz, and not be viewed as an afterthought brand. With its more mature customer base shrinking over the years, reinvention and rejuvenation has become a matter of survival. Outwardly, the Turbo varies only slightly from the regular-strength Verano with dual exhaust outlets, subtle rear spoiler and trunk lid badge. Elegant is better here, for sure.

The fact that the only significant Turbo options are a navigation system and a power sunroof underscores how well the car lines up with other luxury-leaning compacts vying for your dollars.

The overall attractiveness of the Verano, coupled with the rapid-fire authority of its high-output turbo, makes it worthy of its Euro-based peers and for less money in most cases.

You have to love it when a plan comes together.

The interior is futuristic yet elegant.

Here's where you'll feel that extra power.

By comparison

1 Audi A4
Base price: $39,700

2 Hyundai Sonata Turbo
Base price: $33,400

3 Volvo S60
Base price: $39,150

DRIVE

Angry teen drives his parents crazy

AUTO PILOT
Mike Goetz
drive@metronews.ca

Teen on the run: Part of me wants to scold the kid for being so reckless, another part of me wants to congratulate him. ISTOCK

Not sure about you, but I'm conflicted about the actions of that 13-year-old driver from Italy.

A couple of weeks ago, after a dispute with his adopted parents about cellphone charges and the subsequent confiscation of his cellphone, he took off in his father's Mercedes-Benz, with the plan to visit his biological sister in Poland.

He took his passport and the equivalent of about $260. He managed to get fuel, cross two borders, and cover about 600 kilometres before he was picked up by German police and returned to his parents.

One side of me says, way to go Bud, you just caused incredible grief to everyone who cares about you and endangered hundreds of motorists from Italy to Poland.

Another side of me says, that was awesome, Bud. Not only the driving, but also the chutzpah. I can hardly cross back over the Buffalo border with a pair of undeclared Rockports on my feet.

Apparently he is a go-cart racer and actually looks like he's about 16. But still. Italy to Poland in your father's Mercedes when you're 13? You did your teenage tribe and human race proud.

We obviously shouldn't be condoning this kind of behaviour, but it is consistent with how researchers say the teenage brain is wired — particularly with boys — and possibly how teenagers "should" behave on occasion.

They have a need to take risks, and the gene pool benefits from people who learn from their risk taking when the stakes are lower.

Risk taking during adolescence is seen in all mammals, so there must be some biological reason for it. Just saying.

According to a study, called Why Do Boys Engage in More Risk Taking Than Girls by Barbara A. Morrongiello and Heather Rennie at the University of Guelph, boys have both nature and nurture-related reasons for their increased risk taking.

We encourage and/or tolerate more risk taking in our boys, and they generally are more optimistic about their chances.

And if it doesn't go so good, boys often just mark it down to bad luck. Boys are also more prone to pro rate their injury chances — a small injury is entirely OK. Girls see any chance of injury and just say no. They are smarter.

Puberty also plays a role. Apparently the section in the brain that computes emotion and social interaction is overactive during puberty, while the section designated for regulating behaviour is still a work-in-progress until early adulthood.

All this is not to justify the actions of our guy in Italy, but we should at least know what he was up against. And we should also note that he was not using his cellphone at any time during his drive. Yes, his parents took it away from him. But he was practising safe smartphone etiquette. You can't say he wasn't.

Parts Department

Whether it's a birthday gift for a friend or loved one or just something for yourself, here are some ideas for unique automotive-inspired presents.

WHEELBASE MEDIA

One fast clock

Making everyday items out of car parts isn't new, but using retired Formula One engine pieces to construct an alarm clock base is downright legendary. This office/bedside clock made by race mechanic/engineer Nathan O'Dell of Manchester, England, is encased in a gearbox component that's made of titanium and originates from a Honda Grand Prix engine. It also includes the actual part number stamped into the metal for verification of the authenticity. The selling price is $51 US, but note that there are only 15 clocks available. To reserve yours, head to etsy.com/listing/101902091/.

Give 'em the chair

For serious followers of the racing scene, Lasir Furniture of Switzerland has created this one-of-a-kind chair that is a tribute to the early 1970s Porsche 917 endurance racing cars sponsored by Gulf Oil. The chair is constructed just like a modern race car and uses a hollow molded carbon fibre manufacturing process that makes it extremely light and durable. The finish is done up in Gulf's classic blue and orange paint scheme that has been approved by the oil company. At $2,300, the Gulf chair isn't cheap, but it will always be very exclusive and something you and your friends will talk about for years. Visit laisr.com to get yours.

Drinking on track

Always a fine addition to any gearhead's bar, these cool racetrack coasters are guaranteed to attract plenty of attention. The track layouts etched into each one include Laguna Seca near Monterey, Calif., the Monaco street course, and the Nürburgring track in Germany. Each coaster is produced from layered high-density polyethylene plastic and come with a non-skid base. The full set of six coasters sells for $40 US from a number of online outlets, including griotsgarage.com.

Fold your own vehicle

Origami is alive and well when it comes to making automobile representations. All you need is an sharp hobby knife, some glue and a pattern created by Jesse Smith who is the driving force behind Paper Cruisers. The company focuses on pickup trucks and off roaders, including the Jeep Wrangler, Ford SVT Raptor and Toyota FJ Cruiser. All are amazingly life-like and can be had in a variety of colours. Each fold-up model is priced in the $7 US range. You can check out the complete lineup and place your order at papercruiser.com.

ALL IMAGES WHEELBASE

DRIVE MORE. FUEL LESS.

MAKE EVERY KILOMETRE COUNT WITH SKYACTIV TECHNOLOGY

DELIVERING UP TO 1,000 KM PER TANK OF GAS.♦

CAR OF THE YEAR JAPAN 2012 2013

GT model shown

GS-SKY model shown

AJAC www.ajac.ca

AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

2013 MAZDA3 SKYACTIV sedan

BEST NEW SMALL CAR (under $21,000)

2013 CX-5 with SKYACTIV TECHNOLOGY

5.7 L/100 km highway | 50 mpg♦

7.8 L/100 km city | 36 mpg♦

Lease from $319* MONTHLY AT 4.99% APR for 48 months

With $2,995 down. Excludes HST.

2013 MAZDA3 GX

Lease from $186* MONTHLY AT 2.99% APR for 60 months

With $1,950 down. Excludes HST.

OR

2013 MAZDA3 GS SKYACTIV

Lease from $229* MONTHLY AT 2.99% APR for 60 months

With $1,950 down. Excludes HST.

4.9 L/100 km highway | 58 mpg♦

7.1 L/100 km city | 40 mpg♦

OR TAKE ADVANTAGE OF OTHER GREAT OFFERS

0% PURCHASE FINANCING† FOR UP TO 84 MONTHS ON SELECT 2012 AND 2013 MODELS

2012 MAZDA3 GS SKYACTIV

Finance from $103†† bi-weekly AT 0% APR FOR 84 months

With $1,950 down.

All-in from $20,745. Excludes HST.

Includes $500 Dealer Signing Bonus.

2012 MAZDA5

6 PASSENGER SEATING

Finance from $119†† bi-weekly AT 0% APR FOR 84 months

With $1,950 down.

All-in from $23,555. Excludes HST.

Includes $500 Dealer Signing Bonus.

2012 CX-9 AWD

7 PASSENGER SEATING | AWD

Finance from $192†† bi-weekly AT 0% APR FOR 84 months

With $4,500 down.

All-in from $39,495. Excludes HST.

Includes $1,000 Dealer Signing Bonus.

2013 MAZDA6

OVER 170 INTERNATIONAL AWARDS.

Finance from $139†† bi-weekly AT 0% APR FOR 84 months

With $1,950 down.

All-in from $27,295. Excludes HST.

GET UP TO A $1,000 DEALER SIGNING BONUS▼ WITH THE PURCHASE OF ANY NEW 2012 MAZDA!

SCAN TO FIND YOUR NEAREST MAZDA DEALER

OFFERS END JANUARY 31st

ONLY AVAILABLE AT YOUR MAZDA DEALER.

VISIT MAZDA.CA FOR MORE DETAILS.

WHAT DO YOU DRIVE?

zoom-zoom

mazda

†0% APR Purchase Financing is available on select new 2012 and 2013 Mazda vehicles. Terms vary by model. Based on a representative agreement using an offered pricing of $23,555 for the new 2012 Mazda5 GS (E6SD62AA00) with a financed amount of $20,000, the cost of borrowing for an 84-month term is $0, monthly payment is $238.10, total finance obligation is $20,000. ††Finance Pricing for new 2012 Mazda3 GS-SKY (D4SK62AA00)/2012 Mazda5 GS (E6SD62AA00)/2012 CX-9 GS AWD (QXSB82AA00)/2013 Mazda6 GS-I4 (G4SY83AA00) is $20,745/$23,555/$39,995/$27,295 financed at 0%/0%/0%/0% over 84/84/84/84 months equals bi-weekly payments of $103/$119/$192/$139 with $1,950/$1,950/$4,500/$1,950 down payment, cost of borrowing is $0/$0/$0/$0 with a total obligation of $20,745/$23,555/$39,495/$27,295. All offers include freight, P.D.E. and fees. Offers exclude HST. *Offer available on retail leases of new 2013 CX-5 (NVXK63AA00)/2013 Mazda3 GX (D4XS53AA00)/2013 Mazda3 GS-SKY (D4SK63AA00) with a lease APR of 4.99%/2.99%/2.99% and monthly payments of $319/$186/$229 for 48/60/60 months, the total lease obligation is $18,300/$13,099/$15,716, including down payment of $2,995/$1,950/$1,950. As shown, 2013 CX-5 GT (NXTK83AA00) with lease APR of 4.99% and monthly payments of $485 for 48 months, the total lease obligation is $25,227, including down payment of $1,950. Lease payments include freight and P.D.E. of $1,895/$1,895/$1,895. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies (9¢ per km for CX-9 models). Offers exclude HST. Offered leasing available to retail customers only. Leasing may not be available for all models. Lease offers vary by region and by trim level/model. See mazda.ca or your dealer for lease available vehicles. ♦Based on highway driving for the 2012 Mazda3 GS-SKY sedan with 6-speed automatic transmission only. ‡5.7 L/100 km (50 MPG) Highway/7.8 L/100 km (36 MPG) City - Based on ENERGUIDE Fuel Consumption Rating for the 2013 CX-5 with 6-speed manual transmission. These estimates are based on Government of Canada approved criteria and testing methods. Actual fuel consumption may vary. MPG is listed in Imperial gallons. 4.9 L/100 km (58 MPG) Highway/7.1 L/100 km (40 MPG) City - Based on ENERGUIDE Fuel Consumption Rating for the 2012 Mazda3 GS-SKY sedan with 6-speed automatic transmission. These estimates are based on Government of Canada approved criteria and testing methods. Actual fuel consumption may vary. MPG is listed in Imperial gallons. ▼Up to $1,000 Dealer Signing Bonuses are available on retail purchase/finance/lease of all new remaining, in-stock 2012 Mazda models from January 3rd - 31st, 2013. $500 Dealer Signing Bonus applies to new 2012 Mazda3/2012 Mazda5/2012 Mazda6 models. Maximum $1,000 Dealer Signing Bonus applies to new 2012 CX-9 models. Dealer Signing Bonus is deducted from the negotiated selling price before taxes and can only be applied against the purchase price of a new 2012 Mazda3/2012 Mazda5/2012 CX-9/2012 Mazda6 (or accessories to such purchase). No cash surrender value. Visit mazda.ca or see your dealer for complete details. PPSA, licence, insurance, taxes and down payment are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid January 3rd - 31st, 2013 while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

Check last generation Altima for a leaky master cylinder

Second Gear.
2007-2012
Nissan Altima

JUSTIN PRITCHARD
Drive@metronews.ca

Sporty, practical and ready for Canadian life, the Nissan Altima was often considered as a sportier alternative to models like the Honda Accord, Chevrolet Malibu and Ford Fusion. Available in both a sporty coupe or a traditional sedan and with one of two engines, shoppers should find no issues tracking down an Altima that's just right for their needs. Look for heated leather, navigation, Bluetooth, a sunroof, push-button start and plenty more on the options roster.

PHOTO:HANDOUT

Common Issues

Start your test-drive of a used Altima by "feeling" for any unwelcomed sensations from the CVT transmission. It should deliver power smoothly, and on an uninterrupted surge when given the boots. Revs will often wind up and stay fairly steady. This is normal. Lurching, surging or sporadic power delivery isn't. If you're unfamiliar with the feel of a CVT transmission, ask a Nissan mechanic to give it a check up ahead of your purchase. A brake warning light on the dashboard could be caused by a common master-cylinder leak which can prevent your used Altima from being able to stop. Be sure this warning light isn't present and that the brakes perform strongly. Your local Nissan mechanic will be familiar with the leaking master cylinder problem and able to diagnose it quickly if you note any issues. Opting for a high-end Altima model? Be sure to ensure its features, including automatic climate control, power seats and navigation work as expected. On any model, inspect the dashboard carefully for signs of cracking.

Engine

Standard was a 2.5 litre four-cylinder engine with 175 horsepower. A 3.5 litre V6 with 270 ponies was available. All Altima variants were front-wheel drive.

What owners like

Many Altima owners report plenty of space, a comfortable ride, plenty of at-hand interior storage, a quiet ride and even good fuel economy.

What owners dislike

Blind spots, a large turning circle, sub-par performance from the up-level BOSE stereo system and some cheap interior trim are key owner-stated complaints.

Verdict

Despite a few fairly concentrated issues, the last-generation Altima seems to be a fairly solid used-car bet, especially if it checks out with a mechanic ahead of your purchase

How much, and why, does your new car depreciate? We ask an expert ...

Driving Force. The factors are many, but it could be down to rising oil prices or that you're driving a luxury vehicle

JIL MCINTOSH
drive@metronews.ca

Right from the day you buy it, and as it gets older, your vehicle loses some of its value. Its depreciation is the difference between what you paid for it and what you could get if you traded it in or sold it. But that amount can depend on several factors, and not all of them are directly related to your specific vehicle.

"There's nothing that is set in stone for rates," says Josh Bailey, vice-president of research and editorial at Canadian Black Book, which forecasts and publishes the anticipated values of new and used cars. "We have an understanding of what happens once you start to drive the car, but if economic factors come up, such as if we'd jumped off the fiscal cliff, we'd have been wrong for the coming year."

While your car's brand and its initial cost are factors in its depreciation, there are also outside forces, such as fuel prices. If gasoline becomes expensive, most buyers will look for smaller used cars and their prices will rise, while larger vehicles will drop in value. (You could use that to your advantage when buying a used car, though: if the difference is large enough, it could more than make up for the extra you'll pay in fuel.)

Quoted

"There's nothing that is set in stone for rates."

Josh Bailey, vice president of research and editorial at Canadian Black Book
On how much your brand new car will depreciate when it leaves the dealership

Prices on new cars will also affect those of older ones. If this year's model has a lower price than what you paid for yours last year, or if the manufacturer adds incentives, you won't be able to get as much for yours as a used vehicle. If the difference is small enough, many buyers will pay a little more to get a brand-new car with a full warranty.

As a rule, luxury vehicles tend to depreciate the most, since they can be very expensive to repair once they're out of warranty. If you're looking at a used premium-brand vehicle advertised at an enticingly low price, call a dealer and ask about the cost of oil changes and regular maintenance, and repairs such as brakes or steering components.

On some sports cars or luxury vehicles, these could be thousands of dollars, versus a few hundred for a more mainstream brand. "A lot of people forget about maintenance costs when they buy a car," Bailey says. "The price of any car is what it costs to keep it on the road."

Information

- **Take note.** Forecasted values for new and used cars can be found for free at canadianblackbook.com.
- **Condition has a huge effect on value.** If you want to get the most for your car at trade-in time, keep it in good repair, fix any dings or dents, and clean the interior frequently.
- **Truck devalue slower.** While they are harder on fuel, trucks generally depreciate slowly, because of their usefulness as work vehicles..

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
The important thing today is that you focus your energy in a single direction. Because if you have more than one target, you will reduce your chances of success. What is your number one goal? Make it your only goal.

♉ Taurus
April 21 - May 21
You may be under the impression that if you don't grab what is being offered, you will miss out or fall behind. That isn't true. You will be more of a success in the long-term if you slow down a bit now.

♊ Gemini
May 22 - June 21
Jupiter, planet of good fortune, turns direct in your sign today. So there is no reason at all why you should hold back, and every reason why you should surge ahead of the pack. Show your rivals what real speed looks like.

♋ Cancer
June 22 - July 23
Be careful what you say to colleagues and employers today because if they feel you are being unfair, they may turn against you. If you have to be blunt at least make sure what you say is factually true.

♌ Leo
July 24 - Aug. 23
You won't hesitate to point out other people's faults today. In fact once you start, you may find it hard to stop. That's OK but don't forget it works both ways: Expect to have a few of your own failings highlighted.

♍ Virgo
Aug. 24 - Sept. 23
Jupiter, planet of abundance, turns direct in the rewards and reputation area of your chart, so good things are sure to come your way. Don't worry if that seems to upset some people. They're jealous of your success.

♎ Libra
Sept. 24 - Oct. 23
You can afford to be optimistic and you can afford to believe that the risks you take will pay off — mostly, they will. But even when they occasionally go wrong, it won't be a big deal. You're a winner.

♏ Scorpio
Oct. 24 - Nov. 22
If you are told something of a privileged nature today, you must keep it to yourself. If you let everyone in on the secret you won't be confided in again. In fact, you may in future be the last one to know.

♐ Sagittarius
Nov. 23 - Dec. 21
This looks like an excellent day for partnerships, especially those of a romantic nature. Jupiter in your opposite sign of Gemini will wash away any issues you have with the person you love most.

♑ Capricorn
Dec. 22 - Jan. 20
You will get through tasks and chores, both at home and at work, in record quick time today. You're a whirlwind that can't be controlled! Remember though that it's not all about speed. Make a good job of what you do too.

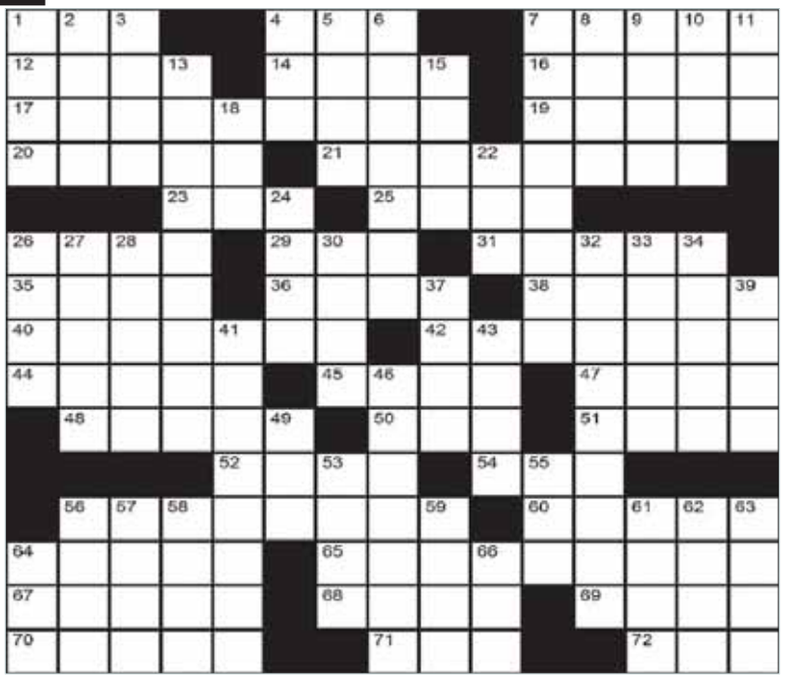
♒ Aquarius
Jan. 21 - Feb. 19
Generally speaking, this is still one of the best times of the year for you. But with the Sun at right angles to Saturn today, you may need to watch your back. Do you have a secret enemy? Yes, it seems you do.

♓ Pisces
Feb. 20 - March 20
You are trying too hard to convince someone that you know what you are talking about. The more you try to persuade them, the more suspicious they get. But why do you need to convince them? Let your actions speak for you.

SALLY BROMPTON

Crossword: Canada Across and Down

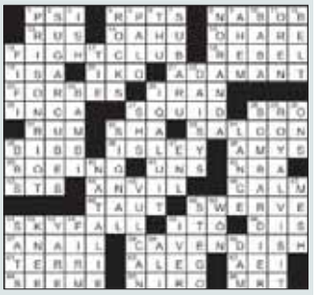
BY KELLY ANN BUCHANAN



Across
1. Incidentally, texting-style
4. Blueprint
7. Big earrings
12. Press
14. Ornamental case
16. 2004 Jude Law movie remake
17. "Sunglasses at Night" singer: 2 wds.
19. 10-cent pieces
20. Van Halen guitarist
21. Born-in-Toronto film legend Mary
23. __ Angeles
25. Popular style of cooking
26. "Holy __!"
29. Work __ sweat: 2 wds.
31. V- and Crew
35. Protest song by #13-Down
36. Laundry fuzz
38. "Dancing with the Stars" alum Ms. Ali
40. Vancouver players
42. Batman foe, The __
44. Rock gig venue
45. Cosmetics company
47. "The Sopranos" actor, Robert __
48. Type of cow
50. TGIF part
51. Back muscles, to a bodybuilder
52. Not found
54. "Voices Carry" by '__ Tuesday
56. Airfield in Afghanistan
60. Nova Scotia's __ Trail
64. More wise
65. Victoria-born artist: 2 wds.
67. 'The Hub' of Nova Scotia
68. "White Flag" songstress
69. Place
70. Designer Calvin
71. Fresh
72. "For shame!"

Down
1. "American Idol" alum Bo
2. Step heavily
3. Microsoft program
4. "Not impressed."
5. _ ___ on the shoulder
6. Prude
7. Canadian astronaut Chris
8. Hodgepodge
9. "Being for the Benefit __ __. Kite!" by The Beatles
10. __ Piper
11. The Outsiders author Ms. Hinton's
13. Crosby, Stills & Nash bandmate, at times: 2 wds.
15. "The Seven Year __" (1955)
18. Royal officer, for short
22. The Sunflower State [abbr.]
24. Pout
26. Dominican Republic city
27. Canadian actress Catherine
28. Classic fabric
30. Famous Tower
32. Cars like Elvis' pink one
33. Harper Lee's To ___ Mockingbird
34. Rain/snow mix
37. Horse speed
39. Train stn. postings
41. Olympics symbol in Vancouver
43. Research facil.
46. Multi-__
49. "___ guy walks into..." (Classic joke intro)
53. Backyard storage
55. Glacial
56. Mr. Malden
57. Fluish feeling
58. Italian saint, Philip __
59. Amusement park feature
61. Decoy
62. Bits of food
63. "Star __
64. 'S' in NYSE, shortened
66. Unhigh

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	6		8		1		3	
8								6
		3	7		9	4		
	4		1	8	3		2	
	8						9	
	3		9	7	6		1	
		4	5		2	1		
7								3
	5		6		7		4	

Yesterday's Sudoku

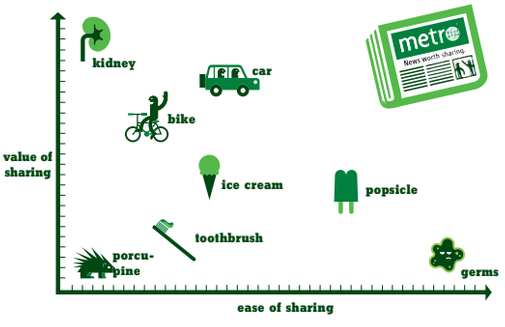
8	1	6	3	5	4	9	2	7
9	5	4	7	8	2	3	1	6
3	2	7	6	1	9	5	8	4
4	7	1	9	6	3	2	5	8
6	8	5	2	4	1	7	3	9
2	9	3	8	7	5	6	4	1
7	3	2	4	9	8	1	6	5
1	4	9	5	3	6	8	7	2
5	6	8	1	2	7	4	9	3

Today
8°/-11°
Showers
60%

Thursday
2°/-14°
Cloudy
40%

Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2013

Get back on your financial feet
AVOID BANKRUPTCY
Stop Interest • Stop Penalties • Stop Legal Actions
Let us consolidate your debt and make ONE low payment!
J. WEBB & ASSOCIATES
Trustee In Bankruptcy
1140 Morrison Drive, Suite 210
613.820.2100
1.866.539.3328
jwebbtrustee.com
The financial problem-solvers



HYUNDAI | NEW THINKING. NEW POSSIBILITIES.℠

EMPLOYEE FRIENDS & FAMILY PRICING

0%† FINANCING + UP TO **$10,000** IN PRICE ADJUSTMENTS‡ ON SELECT MODELS

GET UP TO

$2,000 IN PRICE ADJUSTMENTS‡ WITH **0%†** FINANCING FOR 24 MONTHS

OR GET YOUR LOWEST PAYMENT

$95 BI-WEEKLY $0 DOWN AT **2.98%*** FINANCING FOR 84 MONTHS

2012 CANADIAN & NORTH AMERICAN CAR OF THE YEAR

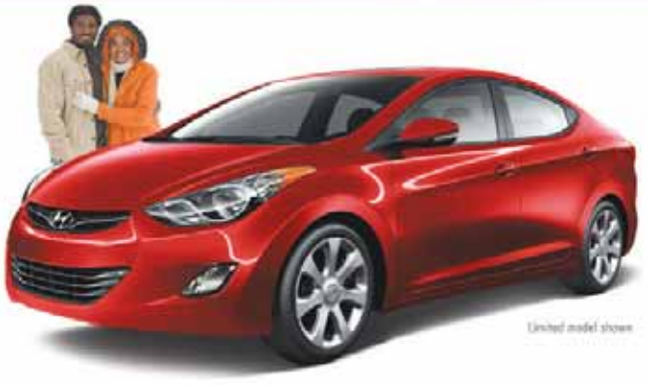
2013 ELANTRA

HWY: 5.2L/100 KM CITY: 7.1L/100 KM

FRIENDS & FAMILY SELLING PRICE **$15,480♦**

ALL OFFERS INCLUDE ‡2,000 IN PRICE ADJUSTMENTS.

ELANTRA L 6-SPEED MANUAL.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.



Limited model shown

Limited model shown

GET UP TO

$3,500 IN PRICE ADJUSTMENTS‡ WITH **0%†** FINANCING FOR 48 MONTHS

OR GET YOUR LOWEST PAYMENT

$133 BI-WEEKLY $0 DOWN AT **2.29%*** FINANCING FOR 84 MONTHS

THE MOST FUEL-EFFICIENT FULL-SIZED CAR – NATURAL RESOURCE CANADA'S 2012 ECOENERGY VEHICLE AWARD♦

2013 SONATA

HWY: 5.6L/100 KM CITY: 8.7L/100 KM

FRIENDS & FAMILY SELLING PRICE **$22,200♦**

ALL OFFERS INCLUDE ‡3,500 IN PRICE ADJUSTMENTS.

SONATA GL AUTO.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

Limited model shown

GET UP TO

$1,150 IN PRICE ADJUSTMENTS‡ WITH **0%†** FINANCING FOR 24 MONTHS

OR GET YOUR LOWEST PAYMENT

$167 BI-WEEKLY $0 DOWN AT **2.98%*** FINANCING FOR 84 MONTHS

2013 AJAC BEST NEW SUV (OVER $35K)

2013 SANTA FE

HWY: 6.7L/100 KM CITY: 10.1L/100 KM

FRIENDS & FAMILY SELLING PRICE **$27,245♦**

ALL OFFERS INCLUDE ‡1,150 IN PRICE ADJUSTMENTS.

SANTA FE 2.4L FWD AUTO.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

Limited model shown

5 YEAR WARRANTY 100,000 KM

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

HYUNDAI | NEW THINKING. NEW POSSIBILITIES.℠
HyundaiCanada.com

℠The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †0% Finance offers available O.A.C. from Hyundai Financial Services based on a new 2013 Elantra L 6-Speed Manual/Sonata GL Auto/Santa Fe 2.4L FWD Auto with an annual finance rate of 0% for 24/48/24 months. Bi-weekly payment is $299/$214/$524. No down payment required. Cost of Borrowing is $0. Finance offers include Delivery and Destination of $1,495/$1,565/$1,760 fees, levies, and all applicable charges (excluding HST). Finance Offers exclude registration, insurance, PPSA and license fees. Delivery and destination charge includes freight, PDI, dealer admin fees and a full tank of gas. Financing example: 2013 Sonata GL Auto for $22,200 includes $3,500 price adjustment at 0% per annum equals $214 bi-weekly for 48 months for a total obligation of $22,200. Cash price is $22,200. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,565, fees, levies, and all applicable charges (excluding HST). Example price excludes registration, insurance, PPSA and license fees. Delivery and destination charge includes freight, PDI, dealer admin fees and a full tank of gas. *Finance offers available O.A.C. from Hyundai Financial Services based on a new 2013 Elantra L 6-Speed Manual/Sonata GL Auto/Santa Fe 2.4L FWD Auto with an annual finance rate of 2.98%/2.29%/2.98% for 84 months. Bi-weekly payment is $95/$133/$167. No down payment required. Cost of Borrowing is $1,690/$1,849/$2,918. Finance offers include Delivery and Destination of $1,495/$1,565/$1,760 fees, levies, and all applicable charges (excluding HST). Finance Offers exclude registration, insurance, PPSA and license fees. Delivery and destination charge includes freight, PDI, dealer admin fees and a full tank of gas. Financing example: 2013 Sonata GL Auto for $22,200 includes $3,500 price adjustment at 2.29% per annum equals $133 bi-weekly for 84 months for a total obligation of $28,049. Cash price is $22,200. Cost of Borrowing is $1,649. Example price includes Delivery and Destination of $1,565, fees, levies, and all applicable charges (excluding HST). Example price excludes registration, insurance, PPSA and license fees. Delivery and destination charge includes freight, PDI, dealer admin fees and a full tank of gas. ▼Fuel consumption for 2013 Elantra Sedan L 6-Speed Manual (HWY 5.2L/100KM, City 7.1L/100KM)/2013 Sonata GL Auto (HWY 5.6L/100KM, City 8.7L/100KM)/2013 Santa Fe 2.4L FWD Auto (HWY 6.7L/100KM, City 10.1L/100KM) are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. †♦Friends & Family prices for models shown (includes $2,000/$3,224/$1,250 in price adjustments): 2013 Elantra Limited/Sonata Limited/Santa Fe 2.0T Limited AWD is $22,930/$27,675/$30,145. Prices include Delivery and Destination charges of $1,495/$1,565/$1,760, fees, levies, and all applicable charges (excluding HST). Prices exclude registration, insurance, PPSA and license fees. ♦Friends & Family Selling Prices are calculated against the starting price less all factory to dealer price adjustments (including Friends & Family price adjustments). Friends & Family Selling Prices include Delivery and Destination, fees, levies, and all applicable charges (excluding HST), and exclude registration, insurance, PPSA and license fees. ‡Factory to dealer price adjustments (including Friends & Family price adjustments) are calculated against the vehicle's starting price. Factory to Dealer Price adjustments of $2,000/$3,500/$1,150 available on 2013 Elantra L 6-Speed Manual/Sonata GL Auto/Santa Fe 2.4L FWD Auto. Factory to dealer price adjustments are applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in included. ††♦‡Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ♢Based on Natural Resource Canada's 2012 ecoEnergy award for most fuel efficient full size car. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.

Visit your local Ottawa area Hyundai Dealer

Hyundai Pembroke	Myers Kanata Hyundai	Myers Hyundai	Hyundai on Hunt Club	Bank Street Hyundai	Pathway Hyundai	Harmony Hyundai	Surgenor Hyundai
1945 Petawawa Blvd.	400-2500 Palladium Dr.	164 Robertson Rd.	390 Hunt Club Road West	2788 Bank St.	1375 Youville Dr.	293 Pigeon St.	895 St. Laurent Blvd.
Pembroke, 613-735-5636	Kanata, On 613-592-8883	Ottawa, 613-721-4567	Ottawa, 613-688-3600	Ottawa, 613-739-7530	Orleans, 613-837-4222	Rockland, 613-446-2220	Ottawa, 613-741-1800